

# LAS LOMAS HIGH SCHOOL

ACALANES UNION HIGH SCHOOL DISTRICT

1460 S. Main Street, Walnut Creek, CA 94596

(925) 280-3920

FAX: (925) 280-3921

**MATTHEW CAMPBELL**  
Principal

**JOHN NICKERSON**  
Superintendent

January 29, 2013

Dear Students and Parents/Guardians of the Class of 2017,

I would like to be the first to welcome you to Las Lomas High School, “Home of the Knights”. We are looking forward having you become part of our school community as we continue to build on the legacy that Las Lomas has earned since 1951. As Principal, I believe one of the keys to being successful in high school is finding a connection through your academic, athletic, or artistic interests. Las Lomas offers a wide range of activities that fit the interests and desires of a broad range of students. Our staff is dedicated to providing you with the opportunities to be successful and we offer the help and guidance you will need to grow and realize your full potential.

I want you to be involved in your own education, taking advantage of the many opportunities Las Lomas has to offer. I encourage you to utilize the many staff members who are dedicated to helping you succeed. My door is always open to students as well!

I look forward to meeting you during the Spring class registration process and during our Fall TRI-S school registration sessions.

Go Knights!

Matthew Campbell  
Principal



*National Blue Ribbon School 2008  
California Distinguished School 2003 & 2007*

## Counseling Office-February 2013

Dear Parents of the Class of 2017:

I would like to take this opportunity to extend to you and your son or daughter a warm welcome to Las Lomas High School. The following is our schedule for registering students who will be entering Las Lomas as freshman in the fall of 2013. (**Please note: proof of residency must be provided for every student entering Las Lomas. This process will begin in August**)

- **Tuesday, January 29th**: Counselors visit classes at WCI and distribute registration packets and information on required courses and elective choices. The packet will include: (1) Forms to be filled out and returned the following week to WCI English classes. (2) Information related to course selection to be used for planning the 9<sup>th</sup> grade. (3) **Instructions for completing the online course request system. Your student should bring this packet home for you to review and take to the evening orientation.**
- **Tuesday, January 29th**: Online information link for new students launches on Las Lomas webpage [www.acalanes.k12.ca.us/laslomas](http://www.acalanes.k12.ca.us/laslomas) . Just look for the “New Student Info” button. This link should help you, as an incoming Las Lomas parent, feel like you are already part of our community! There are pages that answer questions about everything from Tri-S to Key Dates for the year to LLHS Bell Schedules. Please read it all and then print out what you need. Further information will be sent to you in the regular mail throughout the spring and summer as well as by emails.
- **Tuesday, January 29th<sup>†</sup>- Thursday February 7<sup>th</sup>**: Online course request window. After discussing class selections with your student, you must enter those choices and alternate selections online. Instructions are included in the Registration Folder.
- **Thursday, January 31st, 7:00pm**: Eighth grade *parent only* orientation meeting at Las Lomas gym. Very important meeting reviewing and addressing questions regarding 9<sup>th</sup> grade course requirements and elective courses. Please bring with you the registration folder your student brought home on January 29th. You should leave this meeting with a rough draft of course selections. Please review course selection guidelines on the back of this sheet.
- **Thursday February 7<sup>th</sup>**: Registration forms are due in English classes at WCI.
- **Friday, March 1st thru Friday, March 22nd**: Individual counselor appointments with student and parents to discuss schedule, transition to high school and the beginnings of a four year plan. The appointment time and date will be on a sticker on the cover of the folder your student received at WCI on January 29th. We have a few early morning appointments that begin from 6:50am to 7:10am – if those times would work for you please e-mail [bchastain@acalanes.k12.ca.us](mailto:bchastain@acalanes.k12.ca.us) to arrange to change your given appointment. \*\*
- **Monday, May 6th, 7:00pm**: Sports Information Evening at Las Lomas Gym
- **Thursday, May 16th, 7:00pm**: Las Lomas Open House. Eighth graders and parents are encouraged to attend. Classroom demonstrations, art exhibits, musical entertainment are only a few of the exciting things planned for that evening.

\*\*Although we are attempting to match student and counselor for our individual appointments, actual assignment of counselors will occur at TRI-S.

Ms. Kara Bloodgood Mr. Scott Swain Ms. Hanalee Washburn Ms. Valerie Wright-Smith Ms. Ade Melgoza

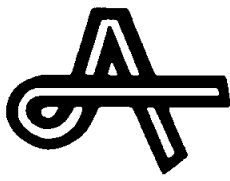
We are looking forward to meeting you and your son or daughter. This registration is a very important first step to a successful four year experience at Las Lomas.

Sincerely,  
Scott Swain  
Head Counselor



## Key Dates- Class of 2017

Tuesday, January 29	Counselors meet with 8 <sup>th</sup> grade classes at WCI and distribute course selection and registration information. Online information link becomes active on Las Lomas webpage.
Thursday, January 31	Parents (Only) Orientation meeting Las Lomas Gym, 7:00 PM
Tuesday, January 29 through Thursday, February 7	Online course request window Instructions included in Registration Packet
Thursday, February 7	Registration documents and course selections turned into WCI English classes
Friday, March 1 through Friday, March 22	Parent and student appointments with counselors at Las Lomas
Monday, May 6	Sports Information Meeting Las Lomas Gym, 7:00 PM
Thursday, May 16	Las Lomas Open House Classroom Visits 7:00 – 8:30 PM
August, exact dates and times TBD	Address Verification at Las Lomas
August, exact dates and times TBD	TRI-S at Las Lomas
Wednesday, August 28	First Day of School, late start



# calanes Union High School District

## ACADEMIC CALENDAR 2013-2014 SCHOOL YEAR

**Note:** First day of instruction is August 28, 2013

Last day of instruction is June 13, 2014

Student Days: 180

Teacher Days: 186

### JULY 2013

Sun	Mon	Tue	Wed	Thur	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### OCTOBER 2013

Sun	Mon	Tue	Wed	Thur	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### JANUARY 2014

Sun	Mon	Tue	Wed	Thur	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### APRIL 2014

Sun	Mon	Tue	Wed	Thur	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

### AUGUST 2013

Sun	Mon	Tue	Wed	Thur	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### NOVEMBER 2013

Sun	Mon	Tue	Wed	Thur	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### FEBRUARY 2014

Sun	Mon	Tue	Wed	Thur	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

### MAY 2014

Sun	Mon	Tue	Wed	Thur	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### SEPTEMBER 2013

Sun	Mon	Tue	Wed	Thur	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

### DECEMBER 2013

Sun	Mon	Tue	Wed	Thur	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### MARCH 2014

Sun	Mon	Tue	Wed	Thur	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

### JUNE 2014

Sun	Mon	Tue	Wed	Thur	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

#### Calendar Coding:

- First and Last Day of School
- Non School Days
- Staff Development, Work, or Institute days
- Semester Exams: January 21-24 and June 10-13
- End of Quarter
- Back to School & Open House

1st Semester Ends: January 24 (89 days)

2nd Semester Ends: June 13 (91 days)

**Board Adopted: June 6, 2012**



# KNIGHTS

## Las Lomas High School

January 2013

Dear Parents and Students:

WHAT'S COOKIN' in the Las Lomas Café?

- Fresh, delicious and nutritious meals served at mid-morning break and lunch.

We also offer healthy beverage and snack choices, along with delicious yogurt and fruit parfaits served with crunchy, wholesome granola.

- What's so special about our bread? Alvarado Street Bakery provides healthy, organic bread, sandwich rolls and hamburger buns which they deliver fresh from their kitchen to ours.
- What's our produce pick? We serve fresh, seasonal and local produce. Delicious Brentwood peaches, nectarines, plums, strawberries, Mandarin oranges, kiwi and melons. Fresh vegetables choices include jicama with lime, cucumber sticks, zucchini, broccoli, corn, garden side salads, cherry tomatoes, winter squash and sweet potatoes.

Nutritious Lunches prepared fresh daily in our kitchen include:

- Warm, homemade pizzas
- Hand-rolled burritos
- South of the Border Nachos with healthy topping choices
- Freshly made salads and sandwiches
- A variety of Asian rice bowls, including Mandarin orange chicken and Teriyaki with broccoli and rice
- Pasta dishes, including penne pasta with Italian meat sauce, Cheese tortellini with creamy pesto sauce and Rotini with Marinara sauce. All served with a crisp garden salad.

Our meals exceed the USDA nutrition requirements for fruits, vegetables, and whole grains. Daily Specials are advertised in the Daily Bulletin and the menu is posted on the Las Lomas website.

Diane Deshler  
Director of Food Services  
ddeshler@acalanes.k12.ca.us

Las Lomas Cafeteria Staff  
Food Service Manager, Mary Summers  
Amy Woo  
Claudia Reyes  
Ed Alvarez  
Renee Zumbo  
Lucio Garcia

**Here's some feedback on our lunches from Las Lomas students:**

“I like the pastas. My favorite is the spaghetti. It’s delicious!”

Nick – Sophomore

“I like the fruit cups. The apricot and peaches are really good, but my favorite is the green grape cups.”

Ashton – Junior

“I love the pizza with the olives and tomatoes. It’s really good.”

Sarah – Sophomore

“My favorite thing to order is the popcorn chicken salad. It’s healthy and good.”

Jose – Sophomore

“I like the variety and how they change things up every day. The Chinese orange chicken is my favorite.”

Brendan – Senior

“The sausage and cheese zombies are amazing! I love the spicy chicken patties and the orange chicken too.”

Nicole – Junior

“I truly think the nachos are quality. They fill me up and the cheese melts really good.”

Emil – Junior

**Pre-Pay Account Information**

Our District offers an on-line pre-payment system where you may deposit money into your child’s food account. Cash is accepted as well.

To set up a pre-payment account, go to: [myschoolbucks.com](http://myschoolbucks.com) and follow the simple process.

All students, whether they have a prepay account or not, will have their own personal meal account based on their Student ID number. Students may either scan their ID card or enter their ID number into a pin pad located at the cafeteria registers.

Monies paid into this account may only be used for purchases in the Cafeteria.

This system allows students to use the funds they have available. It does not allow negative balances.

Applications to receive free or reduced priced meals are available from your school office or the AUHSD website at [www.acalanes.k12.ca.us](http://www.acalanes.k12.ca.us). If your child has qualified for a free or reduced-priced meal, this information is securely contained within the system and the meal will be processed the same. Applications must be completed for each new school year.

To learn more about our deliciously, healthy menu changes, please contact Diane Deshler, Director of Food Services at: [ddeshler@acalanes.k12.ca.us](mailto:ddeshler@acalanes.k12.ca.us) or 925-280-3960 x 5907.

# LAS LOMAS HIGH SCHOOL

## Peer Tutoring Program

### Get Help From Fellow Students In:

- Foreign Language
- Math
- Science
- English
- Social Studies

Students wanting aid in any subject can drop in the College/Career Center and obtain the names and telephone number of qualified volunteer student peer tutors. Individual arrangements can then be made with a peer tutor at a mutually agreeable time. Parents can also contact the College/Career Center for information about peer tutors or adult paid tutors.

Las Lomas High School College/Career Center

Phone: 925-280-3920 Email: [esmith@acalanes.k12.ca.us](mailto:esmith@acalanes.k12.ca.us) FAX: 925-935-1436

# LAS LOMAS eCommunications Sign-up Instructions 2013-14

## Why Subscribe to Las Lomas Email Communications?

- Avoid missing important school announcements and information on upcoming events from Las Lomas High School, Acalanes Union High School District (AUHSD), Las Lomas parent groups (PTSA, Athletic Boosters, and Performing Arts Foundation), the Classes (Seniors, Juniors, Sophomores and Freshmen) and WCEF;
- No printed newsletters are sent home – important school information is sent by email and is posted on the websites <http://www.acalanes.k12.ca.us/laslomas> and <http://www.laslomasptsa.com>;
- The email list is used only by groups affiliated with AUHSD – never sold or given to outside groups;
- You may list multiple emails to receive eCommunications at various locations (home, work, etc.);
- You can “un-subscribe” from the list at any time.

## How to Subscribe

If you currently receive emails as part of WCI's e-communications and will be enrolling your student at Las Lomas, your email address(es) will automatically be entered into the Las Lomas email list near the end of this school year. If you are currently not receiving Las Lomas or WCI emails or would like to add additional email addresses, please follow the instructions below.

1. Go to the LL PTSA home page <http://www.laslomasptsa.com>.
2. Enter your email address in the "Join the Las Lomas High School Email List" box and click "Go".
3. Follow the *Do-It-Yourself* email instructions and select the areas of interest for which you would like to receive emails from us. Please note, for your convenience we will subscribe you in the General, Daily Bulletin and appropriate Class Specific interest categories at the end of this school year. You have the option to change your interest categories or remove yourself from all email lists at any time.

<b>New Students</b>	Important information regarding school registration, residency verification, new student orientation, fall sports clearance, etc.
General	News of interest to the entire Las Lomas community including emergency alerts, messages from the principal, eBoletin (weekly newsletter containing up-to-date information on important school announcements, upcoming events and pertinent calendar dates), Athletic Boosters announcements, Counseling Department, etc.
Daily Bulletin	Information directed at the students of Las Lomas and read over the PA system during 2nd period each day. This student bulletin is repeated in an email version for parents if they want to stay current with daily student information.
Class Specific	Information pertinent to each class (Seniors, Juniors, Sophomores, Freshmen)

## Websites

Las Lomas High School <http://www.acalanes.k12.ca.us/laslomas>  
Las Lomas PTSA <http://www.laslomasptsa.com>  
Acalanes Union High School District <http://www.acalanes.k12.ca.us>

## For Questions

For any questions or difficulties subscribing please contact Chris Davenport at [ccdaven@astound.net](mailto:ccdaven@astound.net)



Club	President	room number	E-mail
Academic Decathlon	David Xiao	301	xiaobandgeek@yahoo.com
Auto Club	Vishal Elias	206	vishalelias5@gmail.com
Bike Club	Victor Skrenek	202	vskren@gmail.com
Brazilian Club	Loki Reis da Silva	501	lokireis@live.com
Chameleon Club	Erica Moasch	201	emonasch@yahoo.com
Chinese Yo-Yo Club	Rodger Pang, Wing Hui	207	pangrodger@gmail.com
Christian Club	Sarah Borchardt, Adrienne	407	sarah.borchardt@gmail.com
Creek Kids Care	Hannah Phillips	201	hannahphillips33@gmail.com
CTF Club	Collin Ramondetta	406	cramondetta3@yahoo.com
E Club	Abigail Chin	704	chinabigail@yahoo.com
ELD Connect	Wenqi Chen	703	wenqipitt@gmail.com
Environmental Club	Nichole Gan	201	nikki.gan27@gmail.com
Fantasy Sports Club	Luke Sparidaens	407	lukespari@yahoo.com
Film Club	Chessa Mehlman	201	cm_tall@sbcglobal.net
French Club	Scott Mackinlay	602	scottmackinlay@gmail.com
Future Business Leaders of America	Matt Bissada	407	mbissada1@gmail.com
Gay-Straight Alliance (GSA)	Casey Leonard	601	leonard@hotmail.com
Hiking Club	Frank Holm	508	frankholm94@gmail.com
Homestuck Club	Emily Ewen	512	zannathedragon@yahoo.com
H.O.P.E.	Claire Yu	408	clairedaisyuu@gmail.com
Human Rights Club	Hannah Edgar	706	hedgar15@gmail.com
Improv Club	Catalina Trujillo, Sara Zava	511	ctrujillo345@yahoo.com
Interact Club	Lila Reeves-Hampton	201	heylila@hotmail.com
International Club	Helena Zohdi	703	helenazohdi@yahoo.com
Invisible to Invincible	Natalie Rich	211	natalieziva@gmail.com
Japanese Club	Olivia Guerrero	604	oliviagraceguerrero@gmail.com
Keys Club	Gonapati Rajasegaran	206	gonaraja123@gmail.com
Las Lomas Beach Society	Michael Lutzker	504	michael.lutzker12@gmail.com
Martial Arts Club	Hayley Uno	209	hayleyuno3@aol.com
Mathematics Club	Scott Mackinlay, Nathaniel	602	scottmackinlay@gmail.com
Pep Band	Jeff Sicatte	410	sicottejeff@yahoo.com
Photography Club	Nick Wittwer	410	nick.wittwer@me.com
Political Club	Helena Zohdi	703	helenazohdi@yahoo.com
Project Open Hands	Marcel Scott, Louise Nott	601	louisen16@yahoo.com
Quidditch Club	Iryna Kulyk	516	ikulyk@ymail.com
Ride for the Cure	Savreen Saran	518	savreen.saran@gmail.com
Science Club	Iryna Kulyk	516	ikulyk@ymail.com
Skin Care Club	Gaby Rodkopf	405	gabyr315@gmail.com
Spanish Club	Lauren Amaro	703	lmichelle43@gmail.com

## Sheet1

Speech and Debate	Chessa Mehlman	201	cm_tall@sbcglobal.net
Sports for Kids	David Weiner-Light, Alex A	407	dweinerlight@gmail.com
Stock Market Club	Nick O'Dea	P.E.	nickodea@sbcglobal.net
Stretching Club	Jake Moore, Kevin Ong	206	kevinchristopherong@gmail.com
Support Your Troops	Jake Moore, Kevin Ong	206	kevinchristopherong@gmail.com
The Apple Project (TAP)	Wenqi Chen	703	wenqipitt@gmail.com
Webcomic Club	Andy Bain	502, 507	
Y.A.Y Club (Youth Always Young)	Hannah Edgar	706	hedgar15@gmail.com
Yearbook Club	Megan Flannery	406	flannery.megan@ymail.com

# LAS LOMAS ASSISTANCE

## Where to Find Help?

Las Lomas High School  
 Phone: (925) 280-3920      FAX: (925) 280-3921

ASSISTANCE	WHO TO CONTACT	EXT/PHONE #
Absence Reporting	.....	280-3923
Appointments with Teachers	Individual teachers.....	phone / email
Book & Library Fines	Library.....	2132
Boosters Club	Paul Gendron, President.....	pgendron@yahoo.com
Calendar (School)	Principal's Secretary, Yvonne Richmond.....	2103
Career / College Information	College/Career Advisor, Ellen Smith.....	2117
Computer Passwords	Library, Nelson Bermudez.....	2131
Counseling Office	Registrar, Beth Chastain.....	2119
Crisis Counselor	Merritt Rollins.....	2603
CFS Honor Society	Ellen Smith.....	2117
Daily Bulletin Announcements	Main Office.....	2136
Driver Insurance Verification	Counseling Office.....	2119
Email Subscriptions("eNews")	laslomaspsa@yahoo.com .....	
Guest Passes to Dances	Attendance Office.....	2111
Health Services	Nurse, Kathi Mooney.....	2112
Homework Requests	Attendance Office.....	2111
Independent Study Contract	Attendance Office.....	2111
Injury Reports (Students)	Nurse, Kathi Mooney.....	2112
Job Listings (Students)	College/Career Center.....	2117
Las Lomas Alumni Association	.....	2847
Leadership	Activities Director, Warren Wallace.....	2811
Library	Librarian, Mary Walfoort.....	2132
Locker Assignment / Problems	Attendance Office.....	2111
Lost & Found (Athletic)	PE.....	2218
Lost & Found (Books)	Library.....	2132
Lost & Found (Personal)	Attendance Office.....	2111
Lunch, Federal Assistance	Rita Nozzolillo, AUHSD Service Center.....	280-3900 x5914
New Student Registration	Counseling Office.....	2119
Nurse	Kathi Mooney.....	2112
<i>The Page</i> Subscription	Emelie Gunnison.....	2825
Parking Permits	Attendance Office.....	2110
Performing Arts Foundation	Carolyn Cool, President.....	
Physicians' Reports	Nurse, Kathi Mooney.....	2112
Pictures (School & Senior)	Main Office.....	2101
Principal	Matt Campbell.....	2103
PTSA	Jill Buschini, President.....	
PTSA Liaison	Matt Campbell, Principal .....	2103
SAT, ACT, PSAT Information	Testing Coordinator, David Fischer.....	2116
Schedule Changes	Counseling Office.....	2119
Sports Clearances	Athletic Director, Tim Kruger .....	2863
Sports Eligibility - Appeal	Matt Baldwin.....	2115
Student Body Cards	Main Office.....	2136
Student Body Funds	.....	2136
Superintendent	John Nickerson, AUHS District Office.....	280-3900 x6602
Technology	Ruth Steele.....	2114
Transcripts (Current Students)	Counseling Office.....	2119
Transcripts (LL Graduates)	Counseling Office.....	2119
Transfers, Inter- & Intra-district	AUHSD Office/Stephanie Thompson.....	280-3900 x6629
WCEF / Las Lomas Site Co-Chairs	Sharon Taplin.....	
	Joanne Hernandez.....	
Webmaster (School's Website)	Andy Briggs.....	2830
Work Permits	Main Office.....	2101
Work Permits (Summer)	Acalanes Union High School District Office.....	280-3900
Yearbook	Debbie Blendow.....	2804

**Las Lomas High School**

**Athletic Physical Education Application**

Athletic physical education was implemented to help both freshman athletes and teachers of 7<sup>th</sup> period classes cope with athletic contests that require a departure time before 3:05 pm. The members of the Las Lomas Physical Education Department are willing to put in the extra time it takes to make this work.

The basic requirements to be considered for Athletic PE are:

- Currently active in interscholastic and/or club sport
- Planning to participate in two or more sports at **Las Lomas** during their freshman year
- Good Citizenship
- Above 2.0 G.P.A
- Recommended from the WCI Physical Education Department

**Fall**

Volleyball: Girls  
Cross County: Boys & Girls  
Football  
Water Polo: Boys & Girls  
Tennis: Girls  
Golf: Girls  
Cheer

**Winter**

Wrestling  
Basketball: Boys & Girls  
Soccer: Girls  
Soccer: Boys

**Spring**

Swimming: Boys & Girls  
Track: Boys & Girls  
Baseball  
Softball  
Tennis: Boys  
Golf: Boys  
Lacrosse: Boys & Girls  
Volleyball: Boys

Name: \_\_\_\_\_

G.P.A \_\_\_\_\_ PE grade \_\_\_\_\_

Sports you are interested in playing at Las Lomas:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Sports you participated in outside of the school:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Please list a coach for a reference

\_\_\_\_\_ Email: \_\_\_\_\_

\_\_\_\_\_ Email: \_\_\_\_\_

WCI PE Teacher Signature \_\_\_\_\_

**RETURN APPLICATIONS TO MR. MILLER AT WCI**

**BEFORE May 20<sup>th</sup>, 2016**

## Frequently Asked Questions by Knight Parents

**1. Who is the Principal?**

Mr. Matthew Campbell is the Principal at Las Lomas High School.

**2. What is the Las Lomas High School website?**

[www.acalanes.k12.ca.us/laslomas/](http://www.acalanes.k12.ca.us/laslomas/)

**3. What is the Las Lomas PTSA (Parent/Teacher/Student Association) website?**

[www.laslomasptsa.com](http://www.laslomasptsa.com)

**4. What is “TRI-S”?**

TRI-S literally means 3-S’s – Sales, Sign-ups and Schedules. **All** students must go through TRI-S **annually in August** before they can attend school.

**5. What is “The Student Daily Bulletin”?**

The Daily Bulletin is a bulletin read to the student body during 2<sup>nd</sup> period. It will let students know what is going on at school, sporting events, tests dates, etc.

**6. When is the library open?**

The library is open at 7:30 every morning and closes at 5:45 every weekday afternoon.

**7. When is the computer lab open?**

The computer lab, which is located in room 203, is opened at 7:30 every morning and closes at 4:00 every afternoon. The computer lab supervisor is Michael McEwen.

**8. Who is my student’s Guidance Counselor?**

Ms. Ade Villasenor-Melgoza (A-Cha), Ms. Hanalee Washburn (Che-Hi), Ms. Kara Bloodgood (Ho-Me), Head Counselor-Mr. Scott Swain (Mi-Se), Ms. Valerie Wright-Smith (Sh-Z). These alpha groups are subject to change and will not be finalized until TRI-S in August.

**9. Who are the Parent Advisors?**

A list of all the parent advisors can be found on [www.laslomasptsa.com](http://www.laslomasptsa.com). The Advisors work with the class officers in planning events for their class.

**10. What is the phone number for attendance?**

(925) 280-3923 or 280-3920 Ext. 2111 is used to clear absences, tardies, and request permits to leave campus.

**11. Who is my student’s Associate Principal?**

Matthew Baldwin (A-K) and Amanda Renno (L-Z)

**12. What sports teams are at Las Lomas and when are their seasons?**

Fall – Football, Gymnastics, Boys/Girls: Cross Country and Water Polo, Girls: Golf, Tennis, and Volleyball

Winter – Wrestling, Boys/Girls: Basketball and Soccer

Spring – Baseball, Softball, Boys/Girls: Lacrosse, Swimming/Diving and Track, Boys: Golf, Tennis, and Volleyball

**13. How many clubs are there at Las Lomas?**

There are many clubs, which change from year to year. For a current list see Mr. Wallace in the Main Office.

**14. Can you choose your student’s teachers?**

No, the schedule determines who your student’s teachers will be.

**15. Is there a “late start” day?**

Yes, every Wednesday, “A” period starts at 7:45am and first period starts at 8:35am.

**16. If your student is struggling who do you go to for help?**

First contact the teacher, second the counselor, and third the appropriate Associate Principal. The best way to contact any staff member is by email (1<sup>st</sup> initial, full last name @acalanes.k12.ca.us for example to contact the principal, Matthew Campbell, you would email [mcampbell@acalanes.k12.ca.us](mailto:mcampbell@acalanes.k12.ca.us)).

**17. Is attendance and being to class on time important?**

Yes, because after a number of tardies, your child will be referred to detention or Saturday School. After 4 cuts your child will be referred to SARB (Student Attendance Review Board).

**18. What do all visitors need to do when they come on to campus?**

Any visitor, which is defined as someone who is not a student or campus personnel, is required to sign in at the Main Office before entering the campus. Las Lomas is a closed campus during school hours and visitors must have prearranged appointments. Please respect this rule for the safety of our students and staff.

**19. Where are the Main Office, Attendance Office and Counseling Office?**

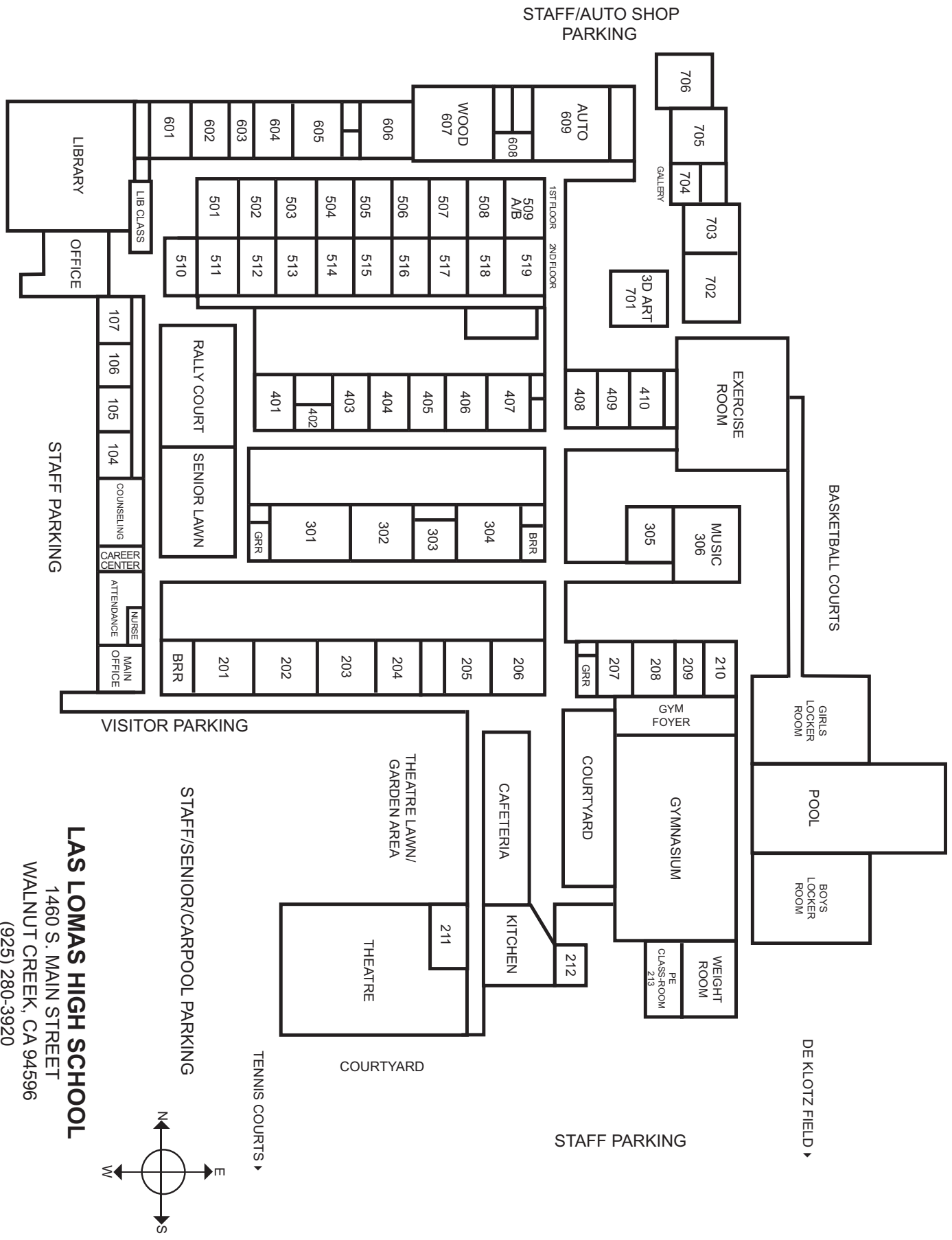
The Main Office is the door located behind the flag pole as you cross the bridge and enter the school. Both the Attendance and Counseling Offices are located around the corner, down the first hallway to your left. The Nurse’s Office is also located in the Attendance Office.

**20. Who is the superintendent of the Acalanes Union High School District?**

John Nickerson

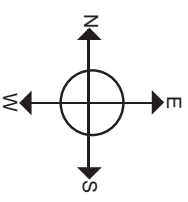
**21. Three Knight Rules To Live By:**

1. Do the right thing. 2. Treat others how you want to be treated yourself. 3. Help make LLHS a better place.



SOUTH MAIN STREET

**LAS LOMAS HIGH SCHOOL**  
 1460 S. MAIN STREET  
 WALNUT CREEK, CA 94596  
 (925) 280-3920



# Las Lomas Bell Schedules

## M, T, Th, F Daily Schedule

Period A	7:00 – 7:50
Period 1	8:00 – 8:50
Period 2	8:55 – 9:45
Brunch	9:45 – 9:55
Period 3	10:00 – 10:50
Period 4	10:55 – 11:45
Lunch	11:45 – 12:20
Period 5	12:25 – 1:15
Period 6	1:20 – 2:10
Period 7	2:15 – 3:05

## Rally Schedule

Period A	7:00 – 7:50
Period 1	8:00 – 8:46
Period 2	8:51 – 9:37
Brunch	9:37 – 9:47
Period 3	9:52 – 10:38
Period 4	10:43 – 11:29
Rally	11:34 – 11:57
Lunch	11:57 – 12:32
Period 5	12:37 – 1:23
Period 6	1:28 – 2:14
Period 7	2:19 – 3:05

## Wednesday Late Start

Meeting	7:30 – 8:25
Period A	7:45 – 8:30
Period 1	8:35 – 9:20
Period 2	9:25 – 10:10
Brunch	10:10 – 10:20
Period 3	10:25 – 11:10
Period 4	11:15 – 12:00
Lunch	12:00 – 12:35
Period 5	12:40 – 1:25
Period 6	1:30 – 2:15
Period 7	2:20 – 3:05

## Assembly

Period A	7:00 – 7:50
Period 1	8:00 – 8:43
Period 2	8:48 – 9:31
Brunch	9:31 – 9:41
Period 3	9:46 – 10:29
Period 4	10:34 – 11:17
Assembly	11:22 – 12:05
Lunch	12:05 – 12:41
Period 5	12:46 – 1:29
Period 6	1:34 – 2:17
Period 7	2:23 – 3:05