

February 2020

School Closed February 14-17, 2020 Presidents Day

Lamorinda Teens Read

This year's Lamorinda Teens Read choice is *Every Last Word* by Tamara Ireland Stone. <u>CLICK HERE</u> for more details.

Volunteer Service Awards

If you are interested in applying for a volunteer service award, application forms can be found on the <u>Campolindo</u> <u>website</u>. Please be sure to review all the forms and instructions. We made some slight changes this year. In order to receive a service award, a complete application package must be emailed or delivered to the school attendance office between Friday, March 20, 2020 and Friday April 10, 2020. We will have an awards celebration during an Academy period in May. More details will be provided once your application is approved.

Please **email** if you have any questions.

Campolindo Wellness Center

Please note that the Wellness Center section on the Campolindo High School website is updated regularly. Please visit the 'Parents' page to access **resources**.

Wellness Center Amazon Wish List

Please consider donating items to the Campolindo Wellness Center. It is easy! <u>Click here to go directly to</u> our Amazon Wish List Site.

Campolindo Parent Book Club

Thursday, February 27, 9-10 am in the Campo Library Campolindo Parents Book Club will be discussing the book, *Parenting the New Teen in the Age of Anxiety: A Complete Guide to Your Child's Stressed, Depressed, Expanded, Amazing Adolescence*, by Dr. John Duffy. Learn about the "New Teen" and how to strengthen your parenting approach. Dr. John Duffy is an experienced clinical psychologist, bestselling author, and a parenting and relationship expert. You don't need to read the book in order to participate. Bring a friend!

Interactive Parent Workshop Coping With Family Transitions: When Your Child Leaves Home

Parents, mark your calendar for Thursday,
February 20th 7:00-8:30 PM in the Campolindo
Library.Led by Joe Ianora, licensed therapist and former
educator, this interactive workshop will focus on the
issues surrounding your child transitioning to the next
phase of their life, and how you can prepare for a
successful transition into a new family dynamic. During
this workshop, you will have an opportunity to learn,
share, discuss, and prepare for this transition, which can
include loss of purpose, anxiety, sadness, and joy. Open
to ALL parents, with specific focus for parents who will
be experiencing transition at the end of this school year.

Please click here to RSVP with number of attendees.

Campolindo Musical-Titanic - The Musical

A "tour de force" at the CPAC March 6-15, 2020, for eight performances of *TITANIC The Musical* over two weekends (Fri-Sun). Tickets will be on sale starting Saturday 2/15 at 10AM. <u>Click HERE</u> for more information, cast lists and to purchase!

Track and Field

Track and Field has started! Don't miss out on this exciting spring-season sport experience. The Campo Track & Field squad is open to all students! Practice meets daily on the track at 3:20pm. Grab a friend, bring a snack, and come join us! Complete information is available at:

CLICK HERE