

A Message from Campolindo High School Parents Club & Campo Sports Boosters

## Get your 2018-2019 Athletic Clearance for Fall, Winter and Spring Sports at **Campolindo High School**

Sports Physicals will be offered on 2 dates: Thursday, July 19<sup>th</sup> from 6:30-8:30 PM Tuesday, August 14th from 6:30-8:30 PM (Cougar Day) (physicals will take place in the multi-use room)

Any student participating in Campolindo Athletics during the 2018-2019 school year may obtain their sports physical at Campolindo High School...and support Campolindo Athletics at the same time!

Several area doctors, nurses and health professionals have volunteered their time to examine Campolindo students and provide athletic clearances on 2 dates this summer: 7/19 and 8/14.

PLEASE NOTE: If your student plans to go out for a fall sport, make sure he/she either attends the July 19<sup>th</sup> physicals event or goes to his/her physician for the physical prior to the start of his/her sport (July 30 football, August 6 girls volleyball, August 13 all other fall sports).

## Registration is simple and the cost is just \$45

**Important!** Athletic registration and the district forms MUST be done via the Campolindo website. Follow these simple steps:

- 1) Go through Online Athletic Registration: http://www.acalanes.k12.ca.us/domain/111 and bring both Athletic Physical Exam pages and payment to the Sports Physicals night (emergency contacts are entered online). Keep your completed Athletic Physical Exam forms and upload to system to complete clearance (electronic only for 2018-19—Campo will not collect forms).
- 2) Payment Options:

For Thursday, July 19: Bring a \$45 check made payable to Campolindo Parent's Club (along with your completed forms.)

For Tuesday, August 14: Pay via the webstore during "Online Cougar Day" registration. (Bring your receipt for proof of payment and completed forms.)

This is a major fundraising activity for Campo Parents Club & Sports Boosters; all proceeds go towards the funding needs of Campo Sports programs.

Questions? Contact Alecia Larson at 415 271-4788 or alecialarson@comcast.net

Thank you for supporting Campolindo Athletics!