



A Message from Campolindo High School Parents Club & Campo Sports Boosters

Get your 2019-2020 Athletic Clearance for Fall, Winter and Spring Sports at Campolindo High School

Sports Physicals will be offered on 2 dates:
Thursday, July 18th from 6:30-8:30 PM
Monday, August 12th from 6:30-8:30 PM (Cougar Day)
Physicals will take place in the Multi-Use Room

Any student participating in Campolindo Athletics during the 2019-2020 school year may obtain their sports physical at Campolindo High School...and support Campolindo Athletics at the same time!

Several area doctors, nurses and health professionals have volunteered their time to examine Campolindo students and provide athletic clearances on 2 dates this summer:
July 18 and August 12.

FALL SPORT NOTE: If your student plans to go out for a fall sport, make sure he/she either attends the July 18 physical or goes to his/her physician for the physical prior to the start of his/her sport (August 5th for football and August 12th for all other fall sports).

Registration is simple and the cost is just \$45

Important! Athletic registration and the district forms **MUST** be done via the Campolindo website. Follow these simple steps:

- 1) Go through Online Athletic Registration: <http://www.acalanes.k12.ca.us/domain/111>
 - a. Bring your Athletic Physical Exam forms with payment/proof of payment to the Sports Physicals night.
 - b. Following your physical, keep your completed Athletic Physical Exam forms and upload to system to complete clearance (Campo will not collect forms).
- 2) Payment Options:
 - For Thursday, July 18: Bring a \$45 check made payable to **Campolindo Parent's Club** (along with your completed forms.)
 - For Monday, August 12: Pay via the webstore during "Online Cougar Day" registration. (Bring your receipt for proof of payment and completed forms.)

This is a major fundraising activity for Campo Parents Club & Sports Boosters. All proceeds go toward the funding needs of Campo Sports programs.

Questions? Contact Tisha Ehrenberger at 510-375-1860 or tishae503@comcast.net
or Bev Harper at 415-519-9383 or bali42@yahoo.com.

Thank you for supporting Campolindo Athletics!