

# *Acalanes High School*

*Athletic Department*

*2011-2012 Summary*

Fall sports athletic update.

The Cross Country team had an outstanding season. The girls finished 2<sup>nd</sup> in league, and the boys finished 5<sup>th</sup>. The girls continued success resulted in a 2<sup>nd</sup> place finish at the NCS Meet of Champions led by Annie Marggraff finishing 3<sup>rd</sup>, Amy Hollshwandner finishing 4<sup>th</sup>, Kelly Collins 8<sup>th</sup>, Tara Bozzini 9<sup>th</sup>, Kelli Berge 27<sup>th</sup>, Caith Wright 44<sup>th</sup>, and Kyra Ruegg 46<sup>th</sup>. The boys placed 7<sup>th</sup> at the NCS Meet of Champions led by Tyler Troxel finishing 5<sup>th</sup>, Michael Wang in 44<sup>th</sup> place, Keenan Byrne 46<sup>th</sup>, and Marshall Crawford 50<sup>th</sup>. The girls team qualified for the CIF State Championships where they finished 7<sup>th</sup> in division III led by Annie Marggraff finishing 12<sup>th</sup>, Amy Hollshwandner 22<sup>nd</sup>, and Kelli Berge 48<sup>th</sup>. Tyler Troxel also qualified for the CIF State Championships.

Tyler Troxel, senior, and Annie Marggraff, junior, were named as a Bay Area News Group All East Bay first team selection for cross country.

All DFAL

First team

Kelly Collins, junior  
Annie Marggraff, junior

Second Team

Kelli Berge, junior  
Tara Bozzini, sophomore  
Amy Hollshwandner, junior  
Tyler Troxel, senior  
Michael Wang, sophomore

NCS Scholar Team honors:

Varsity boy's team with an overall GPA of 3.34.  
Varsity girl's team with an overall GPA of 3.50.  
Junior varsity boy's team with an overall GPA of 3.31.  
Junior varsity girl's team with an overall GPA of 3.02.  
Frosh-soph boy's team with an overall GPA of 3.32.  
Frosh-soph girl's team with an overall GPA of 3.31.

NCS Scholar Athletes

Varsity

Scott Bertics  
Tara Bozzini  
Kelly Collins  
Adler Faulkner  
Amy Hollshwandner  
Luke Johnston  
Scott Lindsay  
Annie Marggraff  
Haley McKay  
Michael Wang  
Alec Weber  
Caroline Wilcox

Junior varsity

Greg Bontemps  
Jared Brinton  
Jack Connolly  
Griffin Haz  
Edward Huddart  
Luc VanOss  
Brad Wash

Frosh-Soph

Kate Anderson  
Lizzie Arnett  
Ali Bergmann  
Roger Bides  
Taiki Chiba  
Kendall Comins  
Monica Dwight  
Jared Ericksen  
Sophia Frument  
William Goldie  
Briana Grether  
Alex Hennies  
Julia Machol  
Olivia Marrone  
Sian Marshall  
Dana Mason

Isabel Mason  
Juan Pestana  
Ian Stuert  
Preston Tso  
Larry Wang  
Katherine Wikler

The Football team finished 4-6 overall, and 2-4 in the DFAL.

Spencer Henderson, senior, was named as a Bay Area News Group All East Bay third team selection for football.

#### All DFAL

##### First team

Spencer Henderson (LB), senior  
Paul Nork (P), senior  
Philip Rowley (C), senior

##### Second team

Kevin Camporeale (OT), junior

##### Honorable mention

Michael Brady (OT), senior  
Carson Gardner (RB), senior  
Gabe Newman (DL), junior  
Buster Souza (DL), sophomore

The Varsity team was an NCS Scholastic Championship team with the highest overall GPA in division 3.

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.08.

Freshman team with an overall GPA of 3.10.

#### NCS Scholar Athletes

##### Varsity

Kevin Camporeale  
Carson Gardner  
Drew Gaylord  
Adam Lee  
Peter Mitchell  
Talal Nabulsi  
Paul Nork  
Tom Nork  
Brendan O'Donnell  
Philip Rowley  
Casey Sclar  
Robbie Stern  
Tyler Supple

##### Junior varsity

Andrew Bosshart  
Cameron Bosshart  
Alex Harper  
Grant Henderson  
Kyle Kinnear  
John Lauth  
Brian Lilienstein  
Drew Rule  
Cole Salquist  
Nick Sciacqua  
Anthony Seiler  
Ross Teichman

##### Freshman

Christo Collett  
Nick Comly  
Zach D'Amante  
Sam deRoque  
Michael Fink  
Ryan Hennessey  
Joey Layshock  
Anthony Rader  
Calvin Saribay  
Grant Vogel

The Girls Golf team finished with an overall and DFAL record of 9-3. The team finished in 3<sup>rd</sup> place at the DFAL Championships to qualify for the NCS Southern Qualifier, as Elizabeth Schultz shot the best round at 75, 8 strokes ahead of the next golfer. Lauren Kim finished 6<sup>th</sup>, and Adrienne Lee 7<sup>th</sup>. Elizabeth Schultz shot a 76 at the NCS Championships missing qualifying for the NorCal Championships by one stroke.

#### All DFAL

Elizabeth Schultz, sophomore, was named Most Valuable Player of the DFAL.

#### First team

Lauren Kim, freshman  
Adrienne Lee, sophomore

#### Second Team

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.54.  
Junior varsity team with an overall GPA of 3.09.

#### NCS Scholar Athletes

#### Varsity

Sarah Gidre  
Megan Kaye  
Lauren Kim  
Adrienne Lee  
Camila Mendez  
Sarah Pardo  
Allie Weiner  
Alyssa Wixsom

#### Junior varsity

Shelby Johnston

The Girl's Tennis team had an overall record of 6-9, and finished fifth in the DFAL with a record of 4-8. Tessa Karagocev (sophomore) was an All-DFAL first team singles selection. Ida Barabi (junior) was an All-DFAL second team singles selection. Rachel Bauer and Connie Chen (seniors) were All-DFAL second team doubles selections.

NCS Scholar Team honors: Varsity team with an overall GPA of 3.33.  
Junior varsity team with an overall GPA of 3.42.

#### NCS Scholar Athletes

<u>Varsity</u>	<u>Junior varsity</u>
Ida Barabi	Sasha Aneja
Tara Barabi	Jenny Gonser
Rachel Bauer	Claire Haley
Alice Bishop	Liza Horn
Kiana Chan	Shelley Kwok
Tessa Karagocev	Isabel Mason
Amy Liu	Juliana Matz
Tessa Lo	Reena Patrose
Julia Zucker	Megan Yee

The Girls Volleyball team had an overall record of 14-16, and a DFAL record of 6-6 to finish 4<sup>th</sup> in the league. They qualified for the NCS playoffs, and were defeated by Sir Francis Drake HS.

#### All DFAL

<u>First Team</u>	<u>Second Team</u>	<u>Honorable Mention</u>
Kendall Baker, senior	Brooke Aiello, junior	Amanda Jarquin, junior
Tyanna Roy, senior	Megan Dalziel, senior	

NCS Scholar Team honors: Varsity team with an overall GPA of 3.36.  
Junior varsity team with an overall GPA of 3.49.  
Freshman team with an overall GPA of 3.41.

#### NCS Scholar Athletes

<u>Varsity</u>	<u>Junior varsity</u>	<u>Freshman</u>
Brooke Aiello	Ainsley Blandford	Holly Fleischmann
Julia Amaral	Molly Dalziel	Dory Grobeck
Kendall Baker	Melia Green	Katie McCarty
Lisa Carrington	Lan Anh Ho	Sarah Moore
Rachel Cox	Blair Howard	Taylor Odom
Amanda Jarquin	Emily Mesetz	Dana Piercy
Abby Mueller	Katie Nall	
Lila Schoenfield	Kalene Sanders	

The Boys Water Polo team finished with an 17-10 overall record, and 4-1 in the DFAL to finish in 2<sup>nd</sup> place. In the NCS playoffs, they defeated Mission San Jose HS 19-6, and Campolindo HS 20-10 in the quarterfinals, before falling to Miramonte HS 6-5 in the semifinals.

Tanner Cullen, senior, was named as a Bay Area News Group All East Bay first team selection for boys water polo.

#### All NCS

##### First team

Tanner Cullen, senior  
Connor Reid, junior  
Andrew Schnugg, senior

##### Third team

Tommy Bush, sophomore

##### Honorable mention

Tucker Stone (gk), sophomore

#### All DFAL

##### First team

Tommy Bush, sophomore  
Tanner Cullen, senior  
Connor Reid, junior  
Andrew Schnugg, senior

##### Second team

Connor Mattox, senior  
Jake O'Malley, junior

##### Honorable mention

Jack Hillman, sophomore  
Jacob Welcomer, junior

NCS Scholar Team honors:

Junior varsity team with an overall GPA of 3.00.

#### NCS Scholar Athletes

##### Varsity

Connor Reid  
Nathaniel Whitmore

##### Junior Varsity

Marc Davis  
Jake Levy  
Nick Soulos

The Girls Water Polo team finished with an improved 18-9 overall record, and 3-2 DFAL record to finish 3<sup>rd</sup> in the league. They defeated San Rafael HS 15-1, and Northgate HS 7-2 in the quarterfinals, before falling to Campolindo HS 10-9 in overtime in the semifinal game.

Molly Quinn, senior, was named as a Bay Area News Group All East Bay first team selection for girls water polo.

#### All NCS

<u>First team</u>	<u>Second team</u>	<u>Third team</u>	<u>Honorable mention</u>
Barbara Lanier, senior Molly Quinn, senior	Megan Dietrich, junior Lizzie Newman, senior	Kate Avery, senior Megan Mes, senior	Ellyn Stewart, sophomore

#### All DFAL

<u>First team</u>	<u>Second team</u>	<u>Honorable Mention</u>
Megan Dietrich, junior Barbara Lanier, senior Molly Quinn, senior	Kate Avery, senior Lizzie Newman, junior	Ellyn Stewart, sophomore

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.38.  
Junior varsity team with an overall GPA of 3.23.

#### NCS Scholar Athletes

<u>Varsity</u>	<u>Junior Varsity</u>	<u>Frosh-Soph</u>
Kate Avery Megan Dietrich Barbara Lanier Chase Lanier Molly Quinn	Jacque Diede Reilly Fellner Chloe Landry Alyssa Mueller Caroline Newman Sasha Newton	Blake Balfrey Carly Fernandes Hannah Raslan

## Winter Sports Update

The Boys Basketball team was 4th in the DFAL with a record of 18-10 overall, and 6-6 in the league. In the NCS playoffs they defeated Piner HS before being defeated by El Cerrito HS in the quarterfinals.

### All DFAL

#### First Team

James Griffin, senior

#### Second Team

Noah Orlik, sophomore

#### Honorable Mention

Kevin Huber, senior

Buster Souza, sophomore

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.10.

Junior Varsity team with an overall GPA of 3.38.

Freshman team with an overall GPA of 3.05.

The Varsity team had the third highest team GPA in division 3 in the North Coast Section.

### NCS Scholar Athletes

#### Varsity

Jon Coleman

Brian Jordan

Brendan Kirbach

Trevor Masland

Ben Weintraub

Stephen Wemple

#### Junior Varsity

Andrew Bosshart

Will Brueckner

Guy Clearwater

Kyle Kinnear

Zack Kisner

John Lauth

Ross Teichman

Alec Weber

#### Freshman

Ryan Cheng

Zach D'Amante

Calvin Saribay

The Girls Basketball team was 5<sup>th</sup> in the DFAL with a record of 15-14 overall, and 4-8 in the DFAL. In the NCS playoffs, they defeated Analy HS, before being defeated by Bishop O'Dowd HS in the semifinals. They were defeated by Modesto Christian HS in the first round of the CIF NorCal playoffs.

### All DFAL

#### First Team

Sophie Taylor, senior

#### Second Team

#### Honorable Mention

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.08.

Junior varsity team with an overall GPA of 3.07.

### NCS Scholar Athletes

#### Varsity

Meredith Collett

Molly Martin

Olivia Murphy

Taylor Odom

#### Junior varsity

Morgan Groover

Liza Horn

Maddie Maderious

Carrie Trent

The Boys Soccer team finished with a 12-3-8 overall record and was the DFAL Champions with an 8-1-3 record. They were defeated St. Mary's HS in the NCS Playoffs.

Dylan Autran (midfield), and Jacob Carroll (defender), juniors, were named as second team Bay Area News Group All East Bay selections for boy's soccer.

#### All DFAL

Jacob Carroll, senior, was named Defensive Most Valuable Players of the DFAL.

#### First team

Dan Glascock, junior  
Austen Grassini, senior  
Aidan Maguire, senior

#### Second team

Austin deBack, senior  
Bryan Berlier, senior  
Jackson Foote, senior

#### Honorable mention

Graham Lindgren, junior  
Max Mirner, sophomore  
Kevin Park, senior  
Eric Rogstad, junior

NCS Scholar Team honors

Varsity team with an overall GPA of 3.06.  
Junior Varsity team with an overall GPA of 3.18.  
Frosh-soph team with an overall GPA of 3.42.

#### NCS Scholar Athletes

#### Varsity

Bryan Berlier  
Ben Croze  
Jackson Foote  
Dan Glascock

#### Junior varsity

Henry Baglietto  
Taiki Chiba  
Jared Gragg  
Kevin Hanan  
Aidan Langtry  
Jesse Longchamps  
Thomas Pathoumthong  
Juan Pestana  
Kaj Simonsen  
Sam Wood

#### Frosh-Soph

Kian Bagheri  
Christian Burns  
Will Fallat  
Jack Flynn  
Zach Kramer  
Christian Linfoot  
Daniel Padilla  
Eric Sirott  
Matt Welch  
Charlie Westphal

The Girls Soccer team had an overall record of 6-7-7 and a DFAL record of 2-5-5.

All DFAL

First team

Kaitlin McGee, junior

Second team

Annie Beliveau, senior  
Callie Goodman, senior

Honorable mention

Erin Bishop, junior  
Becca Bostwick, junior  
Katherine Tottle, junior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.38.  
Junior varsity team with an overall GPA of 3.27.  
Frosh-soph team with an overall GPA of 3.22.

NCS Scholar Athletes

Varsity

Cari Alsterlind  
Brooke Balfrey  
Becca Bostwick  
Genny Copenhagen  
Samya Faiz  
Ruth Frederick  
Bella Gotts  
Kaitlyn McGee  
Bailey McQuain  
Katherine Tottle  
Hailey Westphal  
Maddie Wheeler

Junior varsity

Lizzie Arnett  
Blake Balfrey  
Bridget Butterfield  
Mariam Faiq  
Kate Fellner  
Anna Jernigan  
McKenna Koepke  
Caroline Newman  
Shelby Silva  
Emma Starr

Frosh-soph

Sasha Aneja  
Jessica Evaristo  
Carly Granet  
Maddy Grassini  
Fiona Matson  
Katie McCarty  
Camila Mendez  
Melanie Toth  
Kyra Vanhoven

The Wrestling team had a DFAL record of 0-6. Andrew Mesets and Andrew Nakahara placed 2<sup>nd</sup>, and Aaron Shaffer placed 3<sup>rd</sup> in the DFAL Championships to qualify for the NCS Championships.

All DFAL

First team

Second team

Honorable mention

Andrew Nakahara(138),sophomore Aaron Shaffer (220), senior  
Andrew Mesetz (160), senior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.23.  
Junior varsity team with an overall GPA of 3.08.

NCS Scholar Athletes

Varsity

Daniel Escobar  
Brian Lilienstein  
Andrew Mesetz  
Drew Rule  
Nick Sciacqua  
Will Timken

Junior Varsity

Oleg Daneev  
Jack Hood  
Jack Main  
Sam Ridge  
Colin Watson

The Cheerleading squad continues to grow and performed to rave reviews.

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.09.  
Junior varsity team with an overall GPA of 3.01.  
Freshman team with an overall GPA of 3.26.

NCS Scholar Athletes

Varsity

Allison Candell  
Mikaela Maron  
Kween Ojeda  
India Williams  
Jessica Zischke

Junior Varsity

Natalie Clendening  
Claire Holmberg  
Rachel Kastigar  
Audrey O'Donnell

Freshman

## Spring Sports Update

The Baseball team was 3<sup>rd</sup> in the DFAL with a record of 8-4, and overall record of 20-7. In the NCS playoffs, they defeated San Marin HS in the quarterfinals, and Sonoma Valley HS in the semifinals, and finished the season defeating Tamalpais HS to be NCS Champions.

Scott Ericksen, senior, was named as a Bay Area News Group All East Bay second team selection as an outfielder for baseball.

Andrew Merken, junior, was named as a Bay Area News Group All East Bay third team selection as a pitcher for baseball.

### All DFAL

#### First team

Scott Ericksen (outfield), senior  
Drew Gaylord (designated hitter), sr  
Andrew Merken (pitcher), junior  
Frank Panacci (utility), senior

#### Second team

Grant Diede (outfield), senior  
Connor Hornsby (3<sup>rd</sup> base), senior  
Jack Veasey (catcher), junior  
John York (pitcher), junior

#### Honorable mention

Spencer Henderson (utility), sr

#### Gold glove

Conor Hornsby (3<sup>rd</sup> base), senior

The Varsity team was an NCS Scholastic Championship team with the 3<sup>rd</sup> highest overall GPA in division 3.

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.05.

Junior varsity team with an overall GPA of 3.10.

Freshman team with an overall GPA of 3.10.

### NCS Scholar Athletes

#### Varsity

Garrett Candau  
Scott Ericksen  
AJ Franklin  
Drew Gaylord  
Spencer Henderson  
Brendan Kirbach  
Tyler Supple  
Jack Veasey

#### Junior Varsity

Henry Baglietto  
Matt Jorgensen  
Drew Rule  
Aaron Stromberg  
Alec Weber

#### Freshman

Chris Collett  
Ryan Ericksen  
Will Fallat  
Michael Fink  
Zach Kramer  
Chris Mickas

The Boys Golf team finished 3<sup>rd</sup> in the DFAL with a record of 7-5, and finished in 4<sup>th</sup> place at the DFAL Championships. They had an overall record of 11-7. They placed 9<sup>th</sup> at the NCS Southern Qualifier as Will Brueckner was tied for lowest score. The team qualified for the NCS Championships where they finished in 6<sup>th</sup> place.

#### All-DFAL

##### First Team

Ryan West, junior

##### Second Team

Will Brueckner, sophomore

The Varsity team was an NCS Scholastic Championship team with the 3<sup>rd</sup> highest overall GPA in division 1.

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.48.

Junior Varsity team with an overall GPA of 3.37.

#### NCS Scholar Athletes

##### Varsity

Will Brueckner

Chris Childers

Kennedy Kim

Connor Goodheart

##### Junior Varsity

Will Audley

Luke Denny

Jack Hood

Brian Lilienstein

Chris Lin

Ross Teichman

The Boys Lacrosse placed 2<sup>nd</sup> in the DFAL, with an 9-3 record, and finished with a 14-8 overall record. They defeated Clayton Valley HS in the first round of the NCS playoffs, before being defeated by San Ramon Valley HS in the quarterfinals.

#### All-DFAL

##### First Team

Justice Fleischmann (midfield), sr.  
Wes Greason (attack), junior

##### Second Team

Peter Mitchell (midfield), soph.  
David Reiling (goalie), senior

##### Honorable Mention

Vinny Gladden (defense), frosh.  
Jack Mariani (midfield), soph.  
Matt Quinn (midfield), senior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.04.

#### NCS Scholar Athletes

##### Varsity

Sam deRoque  
Jake Hirsch  
Brian Jordan  
Cody Kallen  
Scott Lindsay  
Chris O'Keefe  
Robbie Stern  
Nick Warren

##### Junior varsity

Cameron Bosshart  
Keifer Frazer  
Jesse Longchamps  
Matthew Reilly

The Girls Lacrosse team was the DFAL Champions with a 12-0 record, and 13-7 overall record. They were defeated by California HS in the NCS quarterfinals.

Courtney Neff, senior, was named as a Bay Area News Group All East Bay first team selection for girls lacrosse.

#### All-DFAL

##### First Team

Annie Beliveau (defense), senior  
Chloe Landry (midfield), sophomore  
Niki Quinn (attack), junior  
Brielle Vinther (midfield), senior

##### Second Team

Kate Fellner (midfield), sophomore  
Gabby Palffy (defense), junior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.17.  
Junior varsity team with an overall GPA of 3.32.

#### NCS Scholar Athletes

##### Varsity

Maddy Cooper  
Kate Fellner  
Chloe Landry  
Courtney Neff  
Caroline Newman  
Gabi Palffy  
Niki Quinn  
Tia Seltzer  
Ruth Shaffer

##### Junior varsity

Kate Anderson  
Blake Balfrey  
Jacque Diede  
Jessica Evaristo  
Holly Fleischmann  
Elena Fromer  
Bella Gotts  
Claire Haley  
Kate Hansen  
Ellie Higgins  
Lauren Kim  
Maya Marshall  
Melanie Toth

The Varsity Softball team finished 4<sup>th</sup> in the DFAL with a record of 7-5, and an overall record of 13-7. They were defeated by Bishop O'Dowd HS in the NCS quarterfinals.

Mia Monopoli, junior, was named as a Bay Area News Group All East Bay second team selection as a catcher for softball.

#### All DFAL

##### First team

Jamie Jacobs (center field), junior  
Mia Monopoli (catcher), junior

##### Second team

##### Honorable Mention

Natalie Goepel (pitcher), junior  
Katie Palma(2<sup>nd</sup> base),sophomore

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.33.  
Junior varsity team with an overall GPA of 3.18.

#### NCS Scholar Athletes

##### Varsity

Kyley Jacobs  
Grace Lovell  
Maddy Maderious  
Alex O'Brien  
Katie Palma

##### Junior varsity

Sasha Aneja  
Kendall Comins  
Katrine Padilla  
Alyssa Wixsom

The Boys Swim team placed 3<sup>rd</sup> in the DFAL, and the Girls team placed 4<sup>th</sup>.  
 The Boys Swim team placed 8<sup>th</sup> in the NCS Championships, and the girls placed 12<sup>th</sup>.  
 Asher Lichtig was the NCS diving champion.  
 Miranda Gold placed 9<sup>th</sup> in diving.  
 Brett Usinger placed 3<sup>rd</sup> in the 100 breaststroke and 6<sup>th</sup> in the 100 butterfly.  
 Brittany Usinger placed 3<sup>rd</sup> in the 50 freestyle and 7<sup>th</sup> in the 200 individual medley.  
 Zech Newman placed 8<sup>th</sup> in the 50 freestyle.  
 Jake Mefford, Brett Usinger, Nick Inserra, Zech Newman placed 7<sup>th</sup> in the 200 medley relay.

### All DFAL

<u>First team</u>	<u>Second team</u>	<u>Honorable mention</u>
Asher Lichtig (diving), senior		Megan Dietrich, junior
Brett Usinger, junior		Reilly Fellner, sophomore
Brittany Usinger, freshman		Miranda Gold (diving), freshman
		Luke Inserra, senior
		Jake Mefford, senior
		Molly Quinn, senior
		Jacob Welcomer, junior

NCS Scholar Team honors:

- Varsity boys team with an overall GPA of 3.15.
- Varsity girls team with an overall GPA of 3.46.
- Junior Varsity boys team with an overall GPA of 3.17.
- Junior Varsity girls team with an overall GPA of 3.35.

### NCS Scholar Athletes

#### Boys Swimming

<u>Varsity</u>	<u>Junior Varsity</u>
Henry Baer	Jack Connolly
Tommy Bush	Marc Davis
Asher Lichtig	Melvin Lai
Jack Peterson	Jake Levy
Connor Reid	Sam Ridge
Brett Usinger	Charlie Rogers
Nathaniel Whitmore	Eric Sirott

#### Girls Swimming

<u>Varsity</u>		<u>Junior Varsity</u>	
Megan Dietrich	Alyssa Mueller	Juliana Biro	Dana Piercy
Reilly Fellner	Maddie Myall	Allison Candell	Hannah Raslan
Kelsey Figone	Sasha Newton	Sage Catton	Rachel Sears
Megan Giambastini	Molly Quinn	Aleah Dajani	Kate Seperack
Kathryn Hill	Ellyn Stewart	Emma Maiden	Madison Sereno
Barbara Lanier	Brittany Usinger	Olivia Marrone	Carrie Trent
Chase Lanier	Clare Varellas	Tessa Marsden	Jillian Wickline
Grace Linderholm		Dana Mason	
Julia Mes		Aislinn McNiece	

The Boys Tennis team finished 4<sup>th</sup> in the DFAL with a 6-6 record.

Dan Cardiff, sophomore, was named as a Bay Area News Group All East Bay first team selection for boys tennis.

Dan Cardiff, sophomore, was first team All-DFAL singles selection.

Asher Lichtig, senior, was second team All-DFAL singles selection.

AJ Gosling, senior, was an honorable mention All-DFAL singles selection.

Ian Richards, sophomore, and Ian Dao, freshman, were second team All-DFAL doubles selections.

NCS Scholar Team honors:                    Varsity team with an overall GPA of 3.38.  
   Junior Varsity team with an overall GPA of 3.36.

#### NCS Scholar Athletes

##### Varsity

Rick Brundage  
Dan Cardiff  
Ian Dao  
Elliot Grossman  
Alex Haddad  
Asher Lichtig  
Talal Nabulsi  
Aaron Pressman  
Ian Richard  
Conor Sasner  
Preston Tso

##### Junior Varsity

Sasha Aneja  
Adam Blake  
Daniel Erenstein  
Jeremy Levine  
David Lim

The Boys & Girls Track & Field teams were 4<sup>th</sup> in the DFAL with a 4-2 records.

The following won or placed at the NCS Tri-Valley Championships to qualify for the NCS Meet of Champions.

Adler Faulkner placed 2<sup>nd</sup> in the 800.

Michael Wang placed 5<sup>th</sup> in the 1600.

Annie Marggraff placed 5<sup>th</sup> in the 3200.

Michael Walton placed 6<sup>th</sup> in the 200.

Amy Hollshwandner placed 7<sup>th</sup> in the 300 hurdles.

#### All DFAL

##### First team

Joe Dreyer (pole vault), senior

Matt Thomas (discus, shot), soph

##### Second team

Adler Faulkner (800), junior

Annie Marggraff (3200), junior

Michael Walton (400), senior

##### Honorable mention

Kelli Berge (800,4X400), junior

Jordan Hinds (100), sophomore

Amy Hollshwandner(300H,4X400),jr

George Liow (110 hurdles), sr

Max O'Neill (discus), senior

Julie Vaccaro (4X400,L jump),jr.

Caroline Wilcox (4X400), junior

Brianna Wilkinson (long jump),jr

NCS Scholar Team honors:

Boys varsity team with an overall GPA of 3.09.

Girls varsity team with an overall GPA of 3.33.

Boys junior varsity team with an overall GPA of 3.26.

Girls junior varsity team with an overall GPA of 3.36.

#### NCS Scholar Athletes

##### Boys Varsity Track & Field

Andrew Bertics

Scott Bertics

Jared Brinton

Adam Brown

Keenan Byrne

Taiki Chiba

Adler Faulkner

Alex Hennies

Edward Huddart

Luke Johnston

George Liow

Jack Main

Michael Sanders

Robbie Stosick

Ian Stuertz

Tristan Tarpey

Kyle Trujillo

Michael Wang

Brad Wash

Michael Yang

##### Boys Junior Varsity Track&Field

Kian Bagheri

Ryan Bani-Hashemi

Ryan Cheng

Nick Comly

Greg Fellows

Jack Flynn

Sean Gainey

Griffin Haz

Aidan Langtry

Samuel Griebstein

Adrian Ninh

Thomas Pathoumthong

Juan Pestana

Anthony Rader

Nick Sciacqua

Alex Shimotake

Dakota Soun

Daylon Srinivasan

Girls Varsity Track & Field

Lisa Carrington  
Carolyn Cole  
Kelly Collins  
Shelby Johnston  
Casey Lee  
Annie Marggraff  
Daniell McCann  
Brenda Mittelbuscher  
Elise Peterson-Trujillo  
Vera Portnova  
Nicole Shimotake  
Julie Vaccaro  
Caroline Wilcox  
Brianna Wilkinson

Girls Junior Varsity Track&Field

Lily Bauer  
Stephanie Brannon  
Sage Catton  
Megan Connor  
Sophie Dunne  
Carly Granet  
Maddie Grassini  
Dory Grobeck  
Mariam Khan  
Julia Machol  
Kamila Sarsam

The Boys Volleyball team finished and finished 2<sup>nd</sup> in the DFAL with a 6-2 record and 15-8 overall record. They defeated Northgate HS in the NCS quarterfinals before being defeated by Campolindo HS in the semifinals.

All DFAL

First team

Daniel Inouye, junior  
Kevin Weller, senior

Second team

Minh Ho, senior  
Ben Savage, junior

Honorable mention

Josh Bulos, senior

NCS Scholar Athletes

Varsity

Josh Bulos  
Jared Ericksen  
Daniel Inouye  
Seth Strumwasser  
Ben Weintraub

Tanner Cullen, Boys water polo and Swimming, was selected to the Bay Area News Group Top 125 Athletes of the East Bay.

### Senior Awards

Tanner Cullen and Annie Beliveau won the Harry Radcliffe Award for the unsung hero of the athletic department.

Jacob Carroll, and Sophie Taylor won the Most Outstanding Athlete Award for excellence in a single sport.

Spencer Henderson and Molly Quinn won the Most Valuable Athlete Award for excellence in several sports.

Asher Lichtig and Barbara Lanier won the Booster Club Athlete of the Year Award for athletic and academic participation over four years.

### Overall Update.

149/396 Scholar athletes in the Fall.

18/21 Scholar teams in the Fall.

83/221 Scholar athletes in the Winter.

12/15 Scholar teams in the Winter.

204/474 Scholar athletes in the Spring.

20/22 Scholar teams in the Spring.

436/1091 Scholar athletes in the year.

50/58 Scholar teams in the year.

86% of our teams received scholar team honors.

40% of our student-athletes received scholar-athlete honors.

805 students participate in at least one sport, which is 59% of our student body.

231 students are two-sport athletes, 28 students are three-sport athletes.

1091 total student participants.

All DFAL selections. These are voted upon by the head coaches in the league.

NCS Scholar Athlete. GPA must be 3.5 or higher. Determined by the non-weighted grade point average for the marking period.

NCS Scholar Team honors. Average GPA must be 3.0 or higher. Determined by the teams average non-weighted grade point average for the marking period.