

Acalanes High School

Athletic Department

2014-2015 Summary

Fall sports athletic update.

The Boys and Girls Cross Country team finished 6th in the DFAL. Cameron Gaskell was the overall champion on the boys side and Nima LeClerc finished 15th. On the girls side, Sammy Taketa finished 5th and Brooke Lennox 17th. At the NCS Meet of Champions, the boys finished 5th in division III led by Cameron Gaskell finishing 4th, Nima LeClerc 18th and Alex Kelly 34th. The girls finished 9th led by Sammy Taketa finishing 9th and Brooke Lennox 40th. At the CIF State Championships, Sammy Taketa finished 22nd in division 3 girls.

All DFAL

First team

Cameron Gaskell, junior
Sammy Taketa, junior

Second Team

NCS Scholar Team honors:

Varsity boy's team with an overall GPA of 3.47.
Varsity girl's team with an overall GPA of 3.50.
Junior varsity boy's team with an overall GPA of 3.16.
Junior varsity girl's team with an overall GPA of 3.42.
Frosh-soph boy's team with an overall GPA of 3.39.
Frosh-soph girl's team with an overall GPA of 3.47.

NCS Scholar Athletes

Varsity

Saddie Donnelly
Jared Ericksen
Muppy Gragg
Alex Kelly
Caroline Kelly
Annie Klopstock
Seth McWhirter
Sammy Taketa
Preston Tso
Charlie Westphal
Zach Woodworth

Junior varsity

Asha Alagappan
Kyle Ashburn
Jazzy Carrillo
Andrew Chow
Megan Conner
Janina Larsen
Mary Lewerenz
Olivia Marrone
Ryn McWhirter
Sarah Quiat
Sarah Taketa
Caith Wright

Frosh-Soph

Callista Asuncion
Michael Bauer
Stella Burford
Wyatt Carone
Adam Coate
Marianna Florine
Andrew Gong
Beatrice Hahn
Ben Hakimjavid
Daniel Harris
Thomas Hunt
Andy Hyatt
Linnae Johansson
Brian Lam
Rebecca LaMotte
Olivia Lindgren
Christian Lyons
Reider Martinsen
Joshua Matz
Evan Mickas
Deirdre Nelis
Bryan Ohleyer
Jaxon Sales
Zach Singh
Zach Tom
Zachary Wiesenthal

The Football team finished 8-3 overall, and 3rd in the DFAL with 4-2 record. In the NCS playoffs, they defeated Bishop O'Dowd HS in the first round before being defeated by Analy HS in the quarterfinals.

Brady Aiello, senior, was named as a Bay Area News Group All East Bay first team selection for football.

Brady Aiello, senior, was named as a San Francisco Chronicle All Metro first team selection for football.

All DFAL

First team

Brady Aiello (OT), senior
Michael Fink (C), senior
Tom Hofmeister (DL), senior

Second team

Jared Finney (LB), senior
Tyler Henderson (WR), junior
Chad Johnson (K), senior
Tommy Nimura (DB), senior
John O'Malley, (Util), senior

Honorable mention

Chris Brock (OT), senior
Jack Brydon (OG), junior
Christo Collett (LB), senior
Casey Harrington (QB), senior
Tom Henderson (LB), junior
Ryan Leamy (WR), junior
Jack Thoren (WR), junior
Brevin Sibley (DL), senior
Grant Young (OG), junior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.19.

Junior varsity team with an overall GPA of 3.03.

Freshman team with an overall GPA of 3.33.

NCS Scholar Athletes

Varsity

Brady Aiello
Christo Collett
Michael Fink
Casey Harrington
Tyler Henderson
Griffin Holt
Jack Hood
TJ Low
Kevin McConnell
Matthew Mesetz
Tommy Nimura
Grant Pedder
Anthony Rader
Matthew Self
Grant Young

Junior varsity

Josh Baginski
Michael Bone
Harley McKee
Michael Moorehead

Freshman

Adrian Deily
Matt Gay
Kage Groszewski
Parker Henderson
Jake Landry
Carter Lom
Matthew Mariani
Brian Merken
Ryan Nall
Ross Ney
Nicholas Price
Ben Ross
Robby Rowell
Tyler Schenone
Tyler Sverak
Max Thrasher
Trenton Tso
Jason Welch
Kenny Workman

The Girls Golf team had an overall record of 5-10 and finished tied for 5th in the DFAL with a record of 3-9. The team finished in 7th place at the DFAL Championships as Emily Attiyeh shot a 71 for the lowest round by 4 strokes and Vanessa Van Pell shot an 82 to finish 10th. At the NCS Southern Qualifier, Emily Attiyeh shot a 77 to finish 3rd and Vanessa Van Pell 89 to finish in 33rd place advancing both to the North Coast Section Championships. At the NCS Championships, Emily Attiyeh shot a 81 to finish 12th and Vanessa Van Pell 86 to finish 35th.

Emily Attiyeh, sophomore, was named as a Bay Area News Group All-East Bay first team selection for girls golf.

All DFAL

Emily Attiyeh, sophomore, was named Most Valuable Player of the DFAL I girls golf.

First team

Vanessa VanPell, sophomore

Second Team

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.59.

NCS Scholar Athletes

Varsity

Emily Attiyeh

Lauren Kim

Camila Mendez

Tess Olsson

Melissa VanPell

The Girl's Tennis team finished 5th in the DFAL with a record of 3-9 and an overall record of 3-15.

First team

Second team

Honorable mention

Melissa VanPell (singles), junior
Sasha Schtein (singles), freshman
Quinn Harrington (doubles), sophomore
Lauren Ladrech (doubles), sophomore
Tara Barabi (singles), senior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.39.
Junior varsity team with an overall GPA of 3.51.

NCS Scholar Athletes

Varsity

Madeline Bakar
Tara Barabi
Queenie Chin
Shelley Kwok
Melissa Van Pell
Megan Yee

Junior varsity

Alex Awwad
Sam Bell
Olivia Daniels
Skyler DeMartini
Jessica Gerson
Maddie Guzaitis
Julia Lauer
Kelly Min
Cameron Morton
Meena Neelakandan
Lucy Nguyen
Olivia Olson
Hannah Snyder
Julia Stedman
Riley Winquist
Kelianne Witt
Callie Zucker

The Girls Volleyball team had an overall record of 23-9, and a DFAL record of 9-3 to finish 2nd in the league. In the NCS playoffs they defeated San Rafael HS and Petaluma HS before being defeated by Campolindo HS in the Semifinals.

Molly Dalziel, senior, was named as a Bay Area News Group All East Bay second team selection for girls volleyball.

All DFAL

First Team

Molly Dalziel, senior

Second Team

Parker Jones, sophomore

Honorable Mention

Calista Lam, junior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.54.

Junior varsity team with an overall GPA of 3.60.

Freshman team with an overall GPA of 3.61.

NCS Scholar Athletes

Varsity

Molly Dalziel
Julia Gay
Maddie Graham
Devin Grobeck
Dory Grobeck
Parker Jones
Maddie Kalil
Calista Lam
Carly Porep
Hannah Roberts
Reilly Webster

Junior varsity

Kaitlin Clever
Lexi Fraser
Hayley Gotelli
Lan Chi Ho
Sarah Nelson
Theresa Nevins
Caroline Passalacqua
Liza Pressman

Freshman

Sami Broad
Riana Buchman
Anna Dissman
Ren Dunwoodie
Hannah Edwards
Kaitlyn Enrici
Madison McDonagh
Kaitlyn McKendell
Haley Pinnella
Shreya Raj
Sam Sweeney

The Boys Water Polo team finished with an 11-15 overall record, and 3-2 in the DFAL to finish in 3rd place. In the NCS playoffs they defeated Washington HS and San Ramon Valley HS before being defeated 12-11 in double overtime by Campolindo HS in the Semifinals.

Charlie Rogers, senior, and Brendan Supple, junior, were named as a Bay Area News Group All East Bay second team selections for boys water polo.

All DFAL

First team

Charlie Rogers, senior
Brendan Supple, junior

Second team

Tommy Fellner, junior
Jack Winther, junior

Honorable mention

Brad Robison, sophomore

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.16.
Junior varsity team with an overall GPA of 3.28.

NCS Scholar Athletes

Varsity

Casey Conrad
Marc Davis
Tommy Fellner
Brad Robison
Charlie Rogers

Junior Varsity

Anthony Bertolami
David Bohon
Ivan Dikov
Kahren Eloyan
Jack Lattin
Henry Rogers
Bennett Winther

The Girls Water Polo team finished with a 16-11 overall record, and 2-3 DFAL record to finish 4th in the league. They defeated Redwood HS and Piedmont HS before falling to Miramonte HS in the Semifinals.

Hannah Kresnak, junior, was named as a Bay Area News Group All East Bay second team selection for girls water polo.

All DFAL

First team

Hannah Kresnak, junior

Second team

Brooke Alsterlind, junior
Emma Myall, junior

Honorable Mention

Lucy Fellner, junior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.48.
Junior varsity team with an overall GPA of 3.09.

NCS Scholar Athletes

Varsity

Brooke Alsterlind
Nicole Chapman
Lindsay Cocotis
Ryan Hagglun
Nicole Jackson
Hannah Kresnak
Ella Maisano
Julia Mes
Annika Walker
Bella Wentzel

Junior Varsity

Natalie Elliott
Sophia Malinovsky
Kenny Souza
Adrielle Thorenfeldt
Lexi Williams

Winter Sports Update

The Boys Basketball team was 5th in the DFAL with a record of 6-20 overall, and 2-10 in the league.

All DFAL

First Team

Joey Hewitt, senior

Second Team

Honorable Mention

The Varsity team was an NCS Scholastic Championship team with the third highest overall GPA in division 3.

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.19.

Junior Varsity team with an overall GPA of 3.23.

Freshman team with an overall GPA of 3.40.

NCS Scholar Athletes

Varsity

Ryan Cheng

Joey Christensen

Casey Harrington

Joey Hewitt

Jesse Marlow

Andrew McKendell

Matthew Mesetz

Junior Varsity

Paul Griessel

Brian Hemmenway

Connor McCarthy

Sam Stack

Ryan Summerlin

Freshman

Andre Che

Carter Diaz

Ryan Nall

Isaac Plotkin

Robbie Rowell

Rohan Saha

Grant Smith

Trevor Stripling

The Girls Basketball team was 3rd in the DFAL with a record of 22-7 overall, and 9-3 in the DFAL. IN the NCS playoffs, they defeated San Rafael HS and Encinal HS before being defeated by Bishop O'Dowd HS in the semifinals. In the CIF NorCal playoffs, they defeated Shasta HS before being defeated by Vanden HS in the semifinals.

All DFAL

First Team

Emma Godfrey, sophomore

Second Team

Brooke Panfili, sophomore

Honorable Mention

Julia Lyons, junior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.56.

Junior varsity team with an overall GPA of 3.40.

NCS Scholar Athletes

Varsity

Emma Godfrey

Alex Grant-Hudd

Taylor Jones

Roni Marrone

Brooke Panfili

Carrie Trent

Junior varsity

Melissa Elliott

Maddie Kalil

Clara Kobashigawa

Kailey Meyer

Sabina Patel

Olivia Toth

The Boys Soccer team was 5th in the DFAL with a record of 4-14-6 record and 2-6-4 in the DFAL.

All DFAL

First team

Patrick Ramm, senior

Second team

Zach Kramer, senior

Honorable mention

Ian Franklin, junior

Eric Sirott, senior

Drew Wondolowski, sophomore

The Varsity team was an NCS Scholastic Championship team with the second highest overall GPA in division 2.

NCS Scholar Team honors

Varsity team with an overall GPA of 3.33.

Junior Varsity team with an overall GPA of 3.20.

Frosh-soph team with an overall GPA of 3.45.

NCS Scholar Athletes

Varsity

Kian Bagheri

Lucien Chan

Zach Kramer

Christian Linfoot

Alex Longerbeam

Luis Martinez

Joe Moran

Payson Newman

Danny Neyshloss

Eric Sirott

Junior varsity

Brad Altbaum

Charlie Bush

Zev Fellenbaum

Max Motley

Nixson Murgia

Zaid Nabulsi

Colin Noel

Freshman

Lucas Dandeleit

Zach Flagg

David Lacayo

Mason Larrick

Reider Martinsen

Joshua Matz

Cam Otterson

Hurley Rizvi

Dominic Schottland

Calvin Vance

The Girls Soccer team was the DFAL Champions with a DFAL record of 10-1-1 and an overall record of 18-2-1. They defeated El Cerrito HS 8-0 and Las Lomas HS 4-1 before being defeated by Miramonte HS in penalty kicks in the semifinals.

Caroline Clark, sophomore was named Most Valuable Player of the Diablo Foothill Athletic League.

All DFAL

First team

Katharine Larsen, sophomore
Morgan Rogers, sophomore
Katherine Torchio, senior

Second team

Sophia Giordano, freshman
Kierra Krawec, freshman
Emily Smith, freshman

Honorable mention

Regan McQuain, junior
Allison Merrill, sophomore
Lexie Silva, junior
Emma Starr, senior

The Varsity team was an NCS Scholastic Championship team with the third highest overall GPA in division 2.

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.51.

Junior varsity team with an overall GPA of 3.47.

Frosh-soph team with an overall GPA of 3.54.

NCS Scholar Athletes

Varsity

Bella Baglietto
Blake Balfrey
Hannah Barnes
Jessica Carlin
Caroline Clark
Callie Ericksen
Sophia Giordano
Regan McQuain
Allison Merrill
Jackie Nichols
Morgan Rogers
Jade Sadoff
Emma Starr

Junior varsity

Sam Bell
Mia Carvotta
Hallie Fang-Horvath
Sierra Fang-Horvath
Allie Figueredo
Annie Klopstock
Hannah Kramer
Katrina Lee
Kailey Meyer
Kate Minden
Madison Toma
Kate Walner
Emma Welsh

Frosh-soph

Anna Dissman
Alex Garcia
Natalie Hannah
Sarah Hansen
Kali Long
Sophia Malinovsky
Kelly Min
Molly Mudgett
Melissa Nolan
Meghan Nuti
Hannah Snyder
Anna Mary Starr
Natalie Starszewski
Olivia Towery
Elizabeth Welch
Jamie Wendt
Isobel Whitehead
Gogo Zoger

The Wrestling team had a DFAL record of 1-5 and an overall record of 4-6. Rain Mize was the DFAL champion, Jack Hood placed 2nd and Jeremy Ridge, Sam Ridge and Tai White 3rd at the DFAL Championships to qualify for the NCS Championships.

All DFAL

First team

Rain Mize, senior

Second team

Jack Hood, senior

Honorable mention

Jeremy Ridge, freshman

Sam Ridge (145), senior

Tai White (106), sophomore

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.36.

Junior varsity team with an overall GPA of 3.07.

NCS Scholar Athletes

Varsity

Jack Hood

Axel Jurgens

Peyton Li

Jeremy Ridge

Sam Ridge

Ben Ross

Tai White

Junior Varsity

Isaac Douglas

Carter Lom

Matthew Mlynek

Tyler Sverak

Zach Tom

The Cheerleading squad had a larger squad that performed to positive reviews from many.

NCS Scholar Team honors:

Junior varsity team with an overall GPA of 3.19.

Freshman team with an overall GPA of 3.03.

NCS Scholar Athletes

Varsity

Dominique Gillis

Junior Varsity

Natalie Basha

Kira Chase

Sarah Manning

Gia Roberts

Elizabeth Shehter

Freshman

Kayling O'Neill

Spring Sports Update

The Baseball team was the DFAL Champions with a record of 10-2, and overall record of 16-8. In the NCS playoffs, they defeated Ygnacio Valley HS 11-0 in the first round and was defeated by Albany HS 3-0 in the quarterfinals.

Zach Stromberg, senior was named as a Bay Area News Group All East Bay first team selection for baseball.

Tommy Nimura, senior was named as a Bay Area News Group All East Bay third team selection for baseball.

All DFAL

Tommy Nimura, senior, was named Co-Most Valuable Player of the DFAL in baseball.

Zach Stromberg, senior, was named Most Valuable Pitcher of the DFAL in baseball.

First team

Jake Berry (infield), junior

Casey Harrington (pitcher), senior

Tom Henderson (first base), junior

Second team

Tyler Ewing (infield), sophomore

Honorable mention

Matt Burns (infield), sophomore

Gold glove

Ryan Ericksen, (catcher), senior

NCS Scholar Team honors:

Junior varsity team with an overall GPA of 3.08.

Freshman team with an overall GPA of 3.39.

NCS Scholar Athletes

Varsity

Cole Gallagher

Daniel Kim

Harley McKee

Joey Miller

Junior Varsity

Josh Candau

Matthew Moorehead

Simon Oh

Robbie Rowell

Tyler Schenone

Jack Stryker

Freshman

Jeff Dible

Erik Hays

Gareth Kwok

Carter Lom

Ryan Pellegrini

Stefan Raeth

Samuel Saracevic

Grant Smith

Niki Wixsom

The Boys Golf team finished 3rd in the DFAL with a record of 7-5, and finished in 5th place at the DFAL Championships. They had an overall record of 11-5. They placed 8th at the NCS Southern Qualifier as Jake Basilico shot a 74 to place 7th, Ian Churchill tied for 30th, Arden Childers tied for 35th and Julian O'Donnell tied for 39th. They placed 10th at the NCS Championships as Jake Basilico finished 31st and Arden Childers and Julian O'Donnell tied for 37th.

All-DFAL

First Team

Jake Basilico, junior

Second Team

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.20.

Junior Varsity team with an overall GPA of 3.35.

NCS Scholar Athletes

Varsity

Jake Basilico

Adam Blake

Kennedy Kim

Andrew McKendell

Julian O'Donnell

Junior Varsity

Ben Bequette

Andrew Che

Edwin Chen

Max Franz

Andrew Gong

Josh Matz

Isaac Plotkin

Henry Rogers

Max Thrasher

Connor Virostek

The Boys Lacrosse team was the DFAL Champion, with a 12-0 record, and finished with a 18-5 overall record. They were the NCS runner-ups defeating Campolindo HS 13-6 in the NCS quarterfinals and Marin Academy HS 13-5 in the semifinals before falling to Marin Catholic HS 9-8 in the championship game.

Adrian Jeffries, senior, was named as a Bay Area News Group All East Bay first team selection for boys lacrosse.

All-DFAL

Adrian Jeffries, senior, was named Co-Most Valuable Player of the DFAL

First Team

Nathan Brickman (attack), junior
Sam deRoque (midfield), senior
Vinny Gladden (1sm), senior
Brian Maiken (defense), junior

Second Team

Josh Baginski(defense),sophomore
Nate Welcomer(goalie),sophomore

Honorable Mention

Danny Ennis (goalie), senior
Tyler Henderson(midfield),junior
Chris Lane (midfield), senior

NCS Scholar Team honors:

Junior Varsity team with an overall GPA of 3.18.

NCS Scholar Athletes

Varsity

Josh Baginski
Michael Bone
Nathan Brickman
Tyler Henderson
Glen Johnston
Chris Lane
Brian Maiken
Calvin Vance

Junior varsity

Ben Caulfield
TJ Collins
Kenneth Huff
Jake Landry
Christian Lyons
Sean Ortlieb

The Girls Lacrosse team was the DFAL Champion with a 12-0 record, and 14-6 overall record. In the NCS playoffs, they defeated Justin Siena HS 17-5 in the quarterfinals and were defeated by University HS of San Francisco 7-6 in the semifinals.

Caroline Newman, senior was named as a Bay Area News Group All East Bay second team selection for girls lacrosse.

All-DFAL

First Team

Alyssa Mueller (defense), senior

Caroline Newman (midfield), senior

Sophie Ross (midfield), junior

Caith Wright (midfield), senior

Second Team

Ellie Higgins (attack), senior

Camilla Mendez (defense), senior

Honorable Mention

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.34.

Junior varsity team with an overall GPA of 3.55.

NCS Scholar Athletes

Varsity

Brooke Alsterlind

Lauren Chase

Sabrina Elliott

Jess Hennies

Kelcey Higgins

Sabba Jweainat

Camila Mendez

Mackenna Mullins

Caroline Newman

Melanie Toth

Caith Wright

Junior varsity

Riana Buchman

Brooke Cilley

Anna deRoque

Natalie Elliott

Kati Gardner

Madison Guzaitis

Jenna Kisner

Mary Kleinsmith

Katrina Lee

Kate Lewerenz

Natalie Lira

Sydney Louie

Molly Mudgett

Julia Mueller

Kayling O'Neill

Emma Reed

Annie Roullier

Annie Shepherd

Hannah Snyder

Olivia Toth

Jamie Wendt

The Varsity Softball team finished tied for 4th in the DFAL with a record of 5-5, and an overall record of 8-10. They were defeated by San Rafael HS in the NCS playoffs.

Zoe Marrott, junior was named as a Bay Area News Group All East Bay second team selection for softball.

All DFAL

First team

Second team

Honorable Mention

Kaitlyn Johnson(1st base), junior
Zoe Marrott (infield), junior
Brooke Panfili (utility), junior

Alex Grant-Hudd (pitcher), junior
Meagan Hornsby (catcher), senior
Rosie Shackett (infield), freshman

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.40.
Junior varsity team with an overall GPA of 3.20.

NCS Scholar Athletes

Varsity

Marina Carr
Alex Grant-Hudd
Zoe Marrott
Kailey Meyer
Brooke Panfili
Rosie Shackett
Morgan Shepherd

Junior varsity

Clare Fonstein
Norah Haughian
Linnae Johansson
Olivia Moore
Lauren Ramlan
Mia Stripling

The Boys and Girls Swim teams placed 4th in the DFAL.

The swim teams placed 14th overall at the NCS Championships. The girls team placed 10th and the boys placed 21th.

Brittany Usinger won the 200 freestyle and 100 butterfly.

Emily Lo placed 5th in the individual medley and 10th in the 100 butterfly.

Wes Carpenter placed 9th in the 50 freestyle.

Casey Conrad placed 16th in the 100 freestyle.

Brittany Usinger, Emily Lo, Natalie Morlock Lucy Fellner placed 6th in the 200 freestyle relay.

Casey Conrad, Brad Robison, Jack Winther and Tommy Fellner placed 15th in the 400 freestyle relay.

Jack Avery, Brad Robison, Weston Carpenter, and Casey Conrad placed 14th in the 200 Medley relay.

In the first ever CIF State Championships, the girls placed 17th overall.

Brittany Usinger placed 2nd in the 100 butterfly and 9th in the 200 freestyle.

Emily Lo placed 11th in the 200 individual medley and 13th in the 100 butterfly.

Brittany Usinger, senior, was named as a Bay Area News Group All East Bay girls swimmer of the year.

All DFAL

First team

Weston Carpenter, senior

Lucy Fellner, junior

Emily Lo, freshman

Natalie Morlock, junior

Brittany Usinger, senior

Second team

Honorable mention

NCS Scholar Team honors:

Varsity boys team with an overall GPA of 3.26.

Varsity girls team with an overall GPA of 3.46.

Junior Varsity boys team with an overall GPA of 3.53.

Junior Varsity girls team with an overall GPA of 3.39.

NCS Scholar Athletes

Boys Swimming

Varsity

Wes Carpenter
Casey Conrad
Ivan Dikov
Tommy Fellner
Michael Green
Jeremy Hathaway
Dusan Ivanovich
Kai Mills
Sam Ridge
Brad Robison

Junior Varsity

Sam Basilico
Andrew Bertolami
David Bohon
Tom Collins
Jonli Keshavarz
Jack Lattin
Tyler Sverak

Girls Swimming

Varsity

Jazzie Carrillo
Sophie Catalanello
Kaitlin Clever
Ryan Hagglund
Nicole Jackson
Hannah Kresnak
Julia Mes
Kate Minden
Natalie Morlock
Stella Sowarby
Maddie Stewart
Brittany Usinger
Kylie Van De Wyngaerde
Anna Varellas
Allyson Villanueva
Bella Wentzel
Jillian Wickline

Junior Varsity

Sam Bell
Imani Boggan
Emma Broback
Stella Burford
Fiona Burrows
Nicole Chapman
Lindsay Cocotis
Laura Connolly
Samantha Darin
Izzy Kirke
Hailey Kittinger
Sophia Malinovsky
Maia Marshall
Maddie McDonagh
Hope Noonan-Stoner
Maggie Phillips
Hailey Pinnella
Natalie Starczewski
Olivia Towery
Maddie Turner
Lexi Williams

The Boys Tennis team finished 2nd in the DFAL with a 10-2 record and an overall record of 24-4. In the NCS team championships, they defeated Sonoma Valley HS 7-0, Amador Valley HS 7-0, Monte Vista HS 4-3 and was runner-up after falling to Dougherty Valley HS 5-2. In the CIF NorCal Championships, they defeated Rio Americano HS 6-1 in the quarterfinals and were defeated by eventual champion Menlo School in the semifinals. Kyle Everly finished 2nd in the DFAL Singles Championships and finished 3rd in the NCS Singles Championships.

Kyle Everly, junior, was named as a Bay Area News Group All East Bay first team selection for boys tennis.

Kyle Everly, junior, was a 1st team All-DFAL singles selection.

Isaiah Bird and Ryan Cardiff, juniors, were second team All-DFAL singles selection.

Cole Noone, junior, was an honorable mention All-DFAL singles selection.

Nico Brightbill and Conor McGlynn, juniors, were first team All-DFAL singles selection.

Ian Dao and Preston Tso, seniors, were second team All-DFAL singles selection.

NCS Scholar Team honors: Varsity team with an overall GPA of 3.42.
 Junior Varsity team with an overall GPA of 3.25.

NCS Scholar Athletes

Varsity

Nico Brightbill
Kyle Everly
Jin Heo
Conor McGlynn
Ryan Pegels
Stefen Pegels
Will Price
Clay Schmidt
Preston Tso
Trenton Tso

Junior Varsity

Armin Adly
Cole Fang-Horvath
Ethan Green
Colin Kuiken
James Liem
Sam Machol
Max Motley
Chris Nelson
Rohan Saha
Aiden Simpson
Miles Wiesenthal

The Boys and girls Track & Field teams finished 3rd.

The Girls Track & Field team finished 6th at the NCS Tri-Valley Championships and the following placed in the meet.

Julia Lyons placed 3rd in the long jump and 5th in the 100.

Cameron Gaskell placed 2nd in the 3200.

Windy Margerum placed 4th in the 110 hurdles.

Muppy Gragg placed 4th in the long jump.

Imani Boggan placed 5th in the 400.

Imani Boggan, Annie Klopstock, Maya Michon and Muppy Gragg placed 2nd in the 4x400.

Roni Marrone, Muppy Gragg, Imani Boggan and Julia Lyons placed 3rd in the 4x100.

The following placed at the NCS Meet of Champions.

Julia Lyons placed 4th in the long jump.

Cameron Gaskell placed 8th in the 3200.

Imani Boggan, Annie Klopstock, Maya Michon and Muppy Gragg placed 6th in the 4x400.

All DFAL

First team

Imani Boggan (200, 400, 4x400), soph
Jack Brydon (shot put), junior
Cameron Gaskell (3200), junior
Muppy Gragg (4x400), freshman
Annie Klopstock (4x400), freshman
Maya Michon, (4x400), junior

Second team

Julia Lyons (100, long jump), junior
Windy Margerum (100h, tri. jump), so
Daniel Applin (4x100), senior
Jack Brydon (discus), junior
Nick Comly (4x100), senior
Chris Gonser (4x100), sophomore
Jesse Iniguez-Stralla (4x100), frosh

Honorable mention

Daniel Applin (4x100), senior
Jack Brydon (discus), junior
Nick Comly (4x100), senior
Chris Gonser (4x100), sophomore
Jesse Iniguez-Stralla (4x100), frosh

NCS Scholar Team honors:

Boys varsity team with an overall GPA of 3.06.

Girls varsity team with an overall GPA of 3.30.

Boys junior varsity team with an overall GPA of 3.10.

Girls junior varsity team with an overall GPA of 3.57.

NCS Scholar Athletes

Boys Varsity Track & Field

Ryan Cheng
Nick Comly
Josh Douglas
Alex Kelly
Anthony Rader
Preston Tso

Girls Varsity Track & Field

Elise Berg
Imani Boggan
Sadie Donnelly
Callie Ericksen
Sophia Frument
Muppy Gragg
Devin Grobeck
Dory Grobeck
Annie Klopstock
Brooke Lennox
Roni Marrone
Sammy Taketa
Christy Xie

Boys Frosh-Soph Track&Field

Adam Coate
Cole Combi
Chris Gonser
Andy Hyatt
Seth McWhirter
Ryan Siu
Zach Tom
Nick Wilson
Zach Woodworth

Girls Frosh-Soph Track&Field

Maya Canonizado
Jessica Carlin
Sophia Douglas
Marianna Florine
Hayley Gotelli
Jane Griebstein
Beatrice Hahn
Amelia Jones
Gabriella Joseph
Caroline Kelly
Hannah Kramer
Jingyanshan Li
Olivia Lindgren
Michelle Lo
Elizabeth Shehter
Megan Snyder
Anna Mary Starr

The Boys Volleyball team finished and finished 5th in the DFAL with a 1-9 record and 2-15 overall record.

All DFAL

First team

Second team

Honorable mention

Tommy Graham, junior

Joey Moran, junior

NCS Scholar Team honors:

Varsity team with an overall GPA of 3.04.

NCS Scholar Athletes

Varsity

Brad Altbaum

Tommy Graham

Cole Macarewich

Connor McCarthy

Senior Awards

Casey Harrington won the Norma & Harry Radcliffe Award for the unsung hero of the athletic department.

Brady Aiello, and Brittany Usinger won the Most Outstanding Athlete Award for excellence in a single sport.

Tom Hofmeister and Blake Balfrey won the Most Valuable Athlete Award for excellence in several sports.

Ryan Cheng and Dory Grobeck won the Booster Club Athlete of the Year Award for athletic and academic participation over four years.

Overall Update.

172/349 Scholar athletes in the Fall.

19/19 Scholar teams in the Fall.

101/236 Scholar athletes in the Winter.

15/15 Scholar teams in the Winter.

217/513 Scholar athletes in the Spring.

20/22 Scholar teams in the Spring.

490/1098 Scholar athletes in the year.

54/56 Scholar teams in the year.

96% of our teams received scholar team honors.

45% of our student-athletes received scholar-athlete honors.

893 students participate in at least one sport, which is 65% of our student body.

219 students are two-sport athletes, 18 students are three-sport athletes.

1148 total student participants.

All DFAL selections. These are voted upon by the head coaches in the league.

NCS Scholar Athlete. GPA must be 3.5 or higher. Determined by the non-weighted grade point average for the marking period.

NCS Scholar Team honors. Average GPA must be 3.0 or higher. Determined by the teams average non-weighted grade point average for the marking period.