



# CAMPOLINDO HIGH SCHOOL

## *A California Distinguished & National Blue Ribbon School*

Acalanes Union High School District

300 Moraga Road • Moraga CA 94556 • 925-280-3950 • 925-280-3951 (Fax)

[www.acalanes.k12.ca.us/campolindo](http://www.acalanes.k12.ca.us/campolindo)



Dear Parent/Guardian,

Campolindo High School is currently implementing an innovative program for our student athletes. This program will assist our athletic trainer in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by our student athletes, our school district has purchased a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given to athletes before beginning contact sport practice or competition. This non-invasive test is set up in “video-game” type format and takes 15-20 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a pre-impact physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. The ImPACT test is not an IQ test. The ImPACT servers are certified as HIPAA compliant and we monitor the students and their privacy as they take the tests.

If a concussion is suspected, the athlete will re-take the test and the results will be provided by the Athletic Trainer to the athlete’s family. The information gathered can also be shared with your family doctor, in addition to a doctor in the area with ImPACT certification (see the [Find a Provider](#) section on the ImPACT website). The test data will assist these health professionals in determining when return-to-play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child, you will be promptly contacted with the details.

There is a wealth of information on the ImPACT website, including the [parent information page](#) and the [parent resources page](#). The ImPACT program is also the only FDA approved concussion assessment tool for ages 5-59 and is backed by extensive research. We are excited to implement this program given that it provides us valuable information for managing concussions and preventing potential brain damage that can occur with multiple concussions. The Campolindo administration, coaching, and athletic training staffs are striving to keep your child’s health and safety at the forefront of the student athletic experience. If you have any further questions regarding this program please feel free to contact Athletic Trainer Ray Albiento at [ralbiento@auhsdschools.org](mailto:ralbiento@auhsdschools.org).

To allow Campolindo to include your student athlete in the ImPACT concussion testing program, please complete the attached permission slip and return it to the Attendance Office.

Sincerely,

John Walker, Principal  
Shannon Rogers, Athletic Director  
Ray Albiento, Athletic Trainer

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## Consent Form

For use of the Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT) at Campolindo High School:

I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I agree to have my student participate in the ImPACT Concussion Management Program.

Printed Name of Athlete \_\_\_\_\_

Sport \_\_\_\_\_

\_\_\_\_\_

Signature of Athlete

\_\_\_\_\_

Date

\_\_\_\_\_

Signature of Parent

\_\_\_\_\_

Date

*Please complete and return this form to the Attendance Office*

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