

# AUHSD COVID-19 Symptom Checklist

## COVID-19 Decision Tree for New Symptoms

For students experiencing the following symptoms of COVID-19 or other respiratory and related illness

Have you experienced any NEW or unexplained COVID-19 signs and symptoms?

- Fever  $\geq 100.4$
- Shortness of breath
- Difficulty breathing
- Muscle or body aches
- New loss of smell or taste
- Congestion or runny nose
- New Cough
- Nausea & vomiting
- Diarrhea
- Sore throat
- Headache
- Fatigue

YES

**DO NOT COME TO SCHOOL** AND NOTIFY YOUR SCHOOL'S ATTENDANCE OFFICE  
IF YOU ARE AT SCHOOL, FOLLOW SCHOOL PROCEDURES FOR ISOLATION  
AND DISMISSAL.

YES

**DID YOU GET TESTED FOR COVID-19?**  
(It is strongly recommended that students be tested)

NO

### NEGATIVE RESULTS AND **WITHOUT** KNOWN COVID-

**19 CONTACT:** You should not return to school until symptom free for 24 hours without use of medication.  
(Submit proof of negative test to your school site.)

### NEGATIVE RESULTS BUT **WITH** KNOWN COVID-19

**CONTACT:** Quarantine for 10 days before returning to school and monitor symptoms for 14 days.

### POSITIVE RESULT: You should remain at home -

- until at least 10 days have passed since symptoms onset, **AND**
- at least 24 hours have passed since resolution of fever without use of medication, **AND**
- other symptoms have improved

### REMAIN AT HOME:

- Until at least 10 days have passed since symptoms onset, **AND**
- at least 24 hours have passed since resolution of fever without use of medication, **AND**
- other symptoms have improved

**OR**

You should remain at home until you receive clearance from your healthcare provider. (Submit documentation to your school site.)

(Note: Monitor symptoms for 14 days.)

Guidance subject to change per CDPH and CDC updates.  
(Updated: December 14, 2020)